



**Section 1115 Plan First Demonstration Waiver
Post Award Forum
(December 05, 2023)**

Waiver Summary:

Plan First is a Section 1115 Waiver that was approved by Centers for Medicare and Medicaid (CMS) and can serve up to 4,000 eligible women a year. This program is administered by the Department of Public Health and Human Services. Plan First is a program that provides family planning and related services for women who do not qualify for Medicaid. The current waiver was recently granted a renewal and will be effective until December 31, 2028.

Plan First Populations Covered:

1. Montana Women ages 19 through 44;
2. Women who are not eligible for other Medicaid benefits;
3. Women who are able to become pregnant but are not currently pregnant; and
4. Women earning a household income up to 211% of the Federal Poverty Level (FPL).

Plan First Covered Services:

Family Planning services and supplies are limited to services and supplies with the primary purpose of family planning and are provided in a family planning or other medical setting.

- FDA approved methods of contraception;
- Sexually transmitted infection (STI) and sexually transmitted disease (STD) testing, Pap tests and pelvic exams;
- Drugs, supplies, or devices related to women health services; and
- Contraceptive management, patient education, and counseling.

Family planning related services and supplies are services provided as part of, or as follow up to, a family planning visit. Such services are provided because a family planning related problem was identified and/or diagnosed during a routine or periodic family planning visit.

- Colposcopy;
- Drugs for the treatment of STI/STDs;
- Drugs and treatment for lower genital tract infections and disorders that were identified during a routine family planning visit;
- Other medical treatment and preventative services routinely provided during family planning visits; and
- Treatment of major complications related to a family planning procedure.



DEPARTMENT OF PUBLIC HEALTH & HUMAN SERVICES

Goals of Plan First:

Plan First was implemented to ensure access to and utilization of family planning or related services for eligible individuals not otherwise eligible for Medicaid. Plan First aims to improve or maintain healthy outcomes for the target population as a result of these services including fewer unintended pregnancies or births and improved health outcomes and women's health by increasing the child spacing interval.

Enrollment:

- 232 different providers provided Plan First services to Plan First members in State Fiscal Year 2023.
- 2,299 women were enrolled in Plan First in State Fiscal Year 2023 with a total expenditure of \$152,400.

Plan First 2022/2023 Updates:

- The current waiver, Plan First, was granted approval to extend by Centers for Medicare and Medicaid (CMS) and will be effective until December 31, 2028. The renewal did not include any significant changes and services will continue to be provided as before.
- Member enrollment has increased from SFY 2022 to SFY 2023 by about 500 members with a decrease of \$32,764 in total expenditures.
- The unwinding of the 12-month continuous coverage that began in April 2023 did not vastly impact the enrollee member numbers. The enrollee members slightly increased from April 2023 to June 2023 by 109 members.
- The addition of 12-month extended post-partum coverage for Medicaid, effective July 1, 2023, could have an impact on the Plan First Demonstration enrollee numbers as more women would have coverage under Medicaid after childbirth for 12 months regardless of income changes and would therefore not need to enroll in Plan First until their Medicaid coverage ends.

Information:

Other questions or comments about the Plan First:

Bridget Evans
Medicaid Waiver Program Officer
(406) 444-6868
Bridget.Evans@mt.gov

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Plan First Webpage
[Plan First \(mt.gov\)](http://planfirst.mt.gov)