

MONTANA MEDICAID HOME AND COMMUNITY- BASED SERVICES



Home and Community Based Services (HCBS) include helpful programs for people with different needs to stay independent and improve their lives at home and in their communities. HCBS programs give important services to eligible people that may enable them to live in their home and community instead of an institution.

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What you need to know:

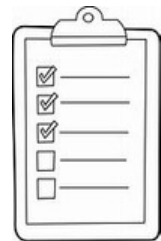
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You have to be eligible for Medicaid to receive HCBS.



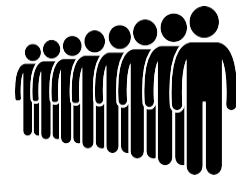
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Each HCBS program has different eligibility rules.



3

Some of the programs may not be able to provide services right away, so you may be placed on a waitlist.



Programs
Waiting
List

4

Not all HCBS programs offer the same services.



Program 1

Program 2

5

If eligible for a HCBS program, your plan of care will be based around your needs and choices.



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Montana HCBS Programs

Big Sky Waiver (BSW) for the Elderly and Individuals with Physical Disabilities:

BSW is designed to provide an individual with physical disabilities and/or 65 years of age or older, a choice of receiving long term care services in a community setting as an alternative to an institutional setting. BSW provides individuals with chronic disabilities of all ages a choice of long term care services that maximize their independence, provide quality care, and assure financial accountability. The individual must meet nursing home level of care.

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Montana HCBS Programs (continued)

Home and Community Based 0208 Comprehensive Waiver for Individuals with Developmental Disabilities (DD Waiver):

The DD Waiver supports choices and opportunities for people of any age with developmental disabilities to have meaningful lives in their community. Services are based on a person's assessed needs and priorities and may include skills training, community inclusion, residential and employment supports.

Severe Disabling Mental Illness HCBS Waiver (SDMI Waiver):

The SDMI Waiver is available to Medicaid-eligible members 18 years or older experiencing a severe and disabling mental illness need who require long-term supports at a level typically provided in a nursing facility.

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Montana HCBS Programs (continued)

Community First Choice (CFC) Plan Services: The CFC Program offers personalized, long term support for elderly and disabled Medicaid-eligible members allowing them to stay in their homes. Services, customized based on individual needs and living situations, encompass assistance with activities of daily living (bathing, dressing, hygiene, etc.) and instrumental activities of daily living (housekeeping, laundry, community integration).

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SERVICES OFFERED BY EACH HCBS PROGRAM	BSW	DD	SDMI	CFC
Adult Day Health provides social, teaching, and health activities depending on the program.	√		√	
Adult Foster Support provides extraordinary supervision and support by a principal caregiver licensed as an adult foster care provider who lives in the home.		√		
Behavior Intervention Assistant provides for assistance with activities of daily living and/or social, behavioral, and adaptive skills that meet the behavioral health needs of the individual.			√	
Behavioral Support Services provides appropriate assessment and positive behavioral interventions.		√		
Caregiver Training and Support provides education for unpaid caregivers.		√		

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SERVICES OFFERED BY EACH HCBS PROGRAM	BSW	DD	SDMI	CFC
Community Integration helps a person access and integrate into their community.				√
Community Transition provides assistance with set-up expenses for members who are actively transitioning from an institutional or other provider-operated living arrangement to a private residence, depending on program.	√	√	√	
Companion provides supervision and social supports in a person's home and community for those 14 and older.		√		
Consultative Clinical and Therapeutic Services provides expertise, training, and technical assistance to caregivers for assistance with interventions for complex mental health or behavioral issues.	√		√	

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Day Supports and Activities provides staff support for the acquisition, retention, or improvement in skills in a non-residential, community or both types of settings for members of any age.		√		
Environmental Accessibility Adaptations/Environmental Modifications provides for physical adaptations to the home required to enable the individual to function with greater independence in the home.	√	√	√	
Dietetic/Nutritionist provides services by a registered dietitian or licensed nutritionist include meal planning, consultation with and training for care givers, and education for the individual served.	√	√		

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Family Training and Support is training to families and others who work or play with a qualified child.	√			
Health and Wellness provides for opportunities to improve functional capacity and engage in recreational health promoting and wellness/recovery activities within the community.	√		√	
Homemaker provides general household activities, depending on program.	√	√		√
(Homemaker) Chore provides for activities that exceed general household activities, depending on the program.	√		√	
Individual Goods and Services provides services, equipment or supplies that enhance		√		

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opportunities for the person to achieve outcomes for full membership in the community.				
Life Coach assists to address Social Determinants of Health that impact overall health and well-being and addresses obstacles that impede progress towards self-sufficiency.			√	
Meals/Nutrition Services provides meals delivered to your home.	√	√	√	
Medical Escort accompanying and personally assisting members on trips to obtain Medicaid reimbursable medical services, depending on the program.			√	√
Non-Medical Transportation assists with travel for access to waiver and other community services, activities, and resources.	√	√	√	√

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Occupational Therapy depending on the program.	√	√		
Pain and Symptom Management provides for services to include traditional and non-traditional methods of pain management, depending on the program.	√		√	
Personal Assistance Service/Personal Care provides for assistance which may include bathing, dressing, hygiene, community integration, shopping, light housekeeping, etc.	√	√	√	√
Personal Emergency Response System (PERS) is a device to call for help.	√	√	√	√
Personal Supports assist the member in carrying out daily living tasks and other activities essential for living in the community. This is only available as a self-direct service.		√		

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Physical Therapy depending on the program.	√	√		
Prevocational teaches general job-related skills.	√			
Private Duty Nursing provides for nursing services depending on the program.	√	√	√	
Psychological Evaluation, Counseling and Consultation provides services by a licensed psychologist, licensed professional counselor or a licensed clinical social worker within the scope of the practice of the respective professions.		√		
Remote Monitoring provides oversight and monitoring within the residential setting of a member, age 18 and older, through off-site electronic surveillance by staff using remote monitoring equipment.		√		

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Remote Monitoring Equipment provides devices for remote monitoring.		√		
Residential Habilitation may include Children or Adult Group Home, Assisted Living, Adult Foster Care, Intensive Mental Health Group Home, Mental Health Group Home and natural homes, depending on the program.	√	√	√	
Respiratory Therapy depending on the program.	√			
Respite provides short-term relief for those persons who normally provide care to an individual.	√	√	√	
Retirement Services provides structured services consisting of day activities and residential support for those of typical retirement age (age 62 or older) or limited due to health and safety issues.		√		

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Senior Companion provides companionship and minimal assistance.	√			
Skill Acquisition. Supports members in achieving independence in a CFC approved ADL or IADL task. Authorized when the member is expected to learn the skill and achieve independence performing the task within a three-month timeframe.				√
Specialized child care for medically fragile children provides day care for children who because of their disability cannot be served in traditional child care settings.	√			
Specialized Medical Equipment and Supplies provides for items to assist with maintaining	√	√	√	

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and improving the ability to reside at home and function within the community.				
Speech Therapy/Audiology services depending on the program.	√	√		
Supported Employment/Supported Employment – Individual and Follow-Along help you keep your competitive, integrated job.	√	√	√	
Supported Employment-Coworker Support and Small Group		√		
Support Brokerage Service provides services to the member (or the member's family, or representative, as appropriate) in arranging for, directing and managing self-directed services		√		
Vehicle Modifications modifications made to a personal vehicle that will allow the member to be more independent.	√			

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What Are Your Next Steps?

1. Apply for Montana Medicaid
 - a. Apply for Montana Medicaid online at <http://apply.mt.gov/>; or
 - b. Contact the Office of Public Assistance for questions about applications and/or eligibility by calling 1-888-706-1535; or
 - c. Send an email to hhsspapplicationcustomersupport@mt.gov to request a pdf application.

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What Are Your Next Steps?

2. Let us know you are interested in receiving HCBS services.
 - a. If you are interested in BSW, SDMI or CFC, contact Mountain Pacific Quality Health by calling 1-406-443-4020 or 1-800-497-8232 to request a waiver screening;
OR
 - b. If you are interested in DD, contact the Developmental Disabilities Program Central Office by calling 1-406-444-2995 to request help with eligibility.

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Learn More

- [Big Sky Waiver website](#)
- [DD Waiver website](#)
- [SDMI Waiver website](#)
- [CFC website](#)