

## Montana SNAP-Ed:

# Statewide Needs Assessment

2024



#### How can you help?

#### Take the SNAP-Ed Needs Assessment Survey Here

The Montana Department of Public Health and Human Services SNAP Nutrition Education and Obesity Prevention Program (SNAP-Ed) is pleased to launch a statewide needs assessment. This statewide study will examine indicators of risk of poor diet and obesity in Montana such as environment, nutrition related health status indicators and lifestyle behaviors. The survey is designed to gain insight from Montanans on the barriers making healthy lifestyle a challenge.

#### What does a Needs Assessment do?

- Identifies where the greatest needs are, which groups and geographic areas are most affected by nutrition insecurity
- Discovers gaps in current programming
- Collects community information through surveys
- ♦ Gives an analysis of the data results in reports, graphics, and tables

#### Why participate?

Responses from Montanans will provide valuable information about individual and community barriers to living a healthy lifestyle. This information will be used to improve existing programs for Montana and identify opportunities to improve health outcomes for Montanans.

### Take the Survey

For more information about this <u>needs assessment</u> or the SNAP-Ed program, contact

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