DEPARTMENT OF PUBLIC HEALTH AND HUMAN SERVICES – CSCT VITAL FACTORS MARCH 2022 OVERVIEW

VITAL FACTORS BACKGROUND AND DESCRIPTION

Based on earlier State of Montana legislative initiatives (HB589 and HB583), the Comprehensive School and Community Treatment (CSCT) Vital Factors data are the combined effort of CSCT providers and the Children's Mental Health Bureau. The purpose of these Vital Factors outcomes is to monitor the status of youth receiving CSCT services for mental health reasons to help determine whether, while receiving services, the children remain at home, in school, and out of trouble.

PROJECT PROCESS

The Vital Factors is a bi-annual evaluation project, occurring during the sample months of March and September. For this first survey administration of the Vital Factors, March 2022, CMHB received data on 1,634 CSCT youth statewide. This report describes the youth served in CSCT at a point in time (March 2022). The report requires monitoring, not analysis. Assumptions regarding the effectiveness of CSCT or other mental health services is not a conclusion gained from this process. However, the process and report do represent continuing steps in monitoring whether youth with mental health challenges remain in the home, in school and out of trouble while receiving mental health services.

1. High-Level Findings

Out-of-Home Mental Health Treatment

- → 97% of CSCT youth did not receive out of home mental health treatment.
- → 1% of CSCT youth received in-state Therapeutic Group Home (TGH).
- → 2% of CSCT youth received in-state acute hospitalization.
- → Less than 1% of CSCT youth received in-state Psychiatric Residential Treatment Facility (PRTF).
- → Less than 1% of CSCT youth received out of state acute hospitalization, TGH or PRTF.

Out-of-Home Foster Care, Kinship Care, or Correctional Setting

- \rightarrow 9% of CSCT youth were reported to be in kinship care.
- \rightarrow 4% of CSCT youth were reported to be in foster care.
- ightarrow Less than 1% of CSCT youth were reported to be in a correctional setting.

School Enrollment, Attendance and Advancement (K and older)

- \rightarrow 97% of CSCT youth (K-12) were reported to be enrolled and attending school, 1% were not enrolled, 2% were enrolled but not attending.
- \rightarrow 95% of CSCT youth (K-12) were reported to have advanced to the next grade level, 5% did not advance.

Substance Abuse Treatment/Youth Court Involvement/Suicide Risk

- ightarrow 77% of CSCT youth were reported to have had a substance abuse screening and 23% had not.
- → 1% of CSCT youth were reported to be receiving substance abuse treatment.

- $\,\rightarrow\,$ 4% of CSCT youth were reported to have youth court involvement.
- ightarrow 96% of CSCT youth were reported to have no youth court involvement.
- \rightarrow 7% of CSCT youth were reported to be in care or treatment for suicide risk to themselves.