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|  | Addictive and Mental Disorders Division Severe and Disabling Mental Illness, Home and Community Based Services Waiver Manual |
| | Date effective: July 1, 2020 Date revised: |
| Policy Number: <i>SDMI HCBS 300</i> | Subject: Adult Day Health |

Definition

Adult Day Health is a social model which provides nutritional, recreational, social services, and supervision in licensed group settings for members who cannot structure their own daily activities, desire social interaction, or cannot be safely left alone at home. Adult day health services are furnished in an outpatient setting enriching members lives through an engaging social community and activities that build upon each member’s interests, skills, knowledge, and unique abilities.

Determination of Need

- (1) Adult Day Health benefits members who struggle with the following:
 - (a) social interactions;
 - (b) getting along with others;
 - (c) exhibiting inappropriate behaviors toward others; or
 - (d) socially isolates.
- (2) The member’s Level of Impairment reflects the member meets at least a moderate impairment in one of the following areas:
 - (a) Area 5: Family/Interpersonal Relationships; or
 - (b) Area 6: Mood/Thought Functioning.

Provider Requirements

- (1) The entity providing Adult Day Health Services must be licensed as an adult day care center as provided at Title 37, Chapter 106, Subchapters 3 and 26.

Service Requirements

- (1) Adult Day Health Services include the following services:
 - (a) meals, as described in SDMI HCBS Policy 345;
 - (b) health, nutritional, recreational, and social habilitation; and
 - (c) transportation between the member's place of residence and the adult day health center.
- (2) Adult Day Health Services are furnished in an outpatient setting that does not include overnight residential services.
- (3) This service is offered outside the member's place of residence and are normally furnished four or more hours per day on a regularly scheduled basis.
- (4) The Adult Day Health center must have a written agreement with each member or other person responsible for the member that pertains to cost of care, type of care, services to be provided and the manner by which the responsible party will be notified of significant changes in the member's condition and the need to seek emergency care for the member.

Utilization

- (1) Adult Day Health is based on the member's assessed need and are limited to additional services not otherwise covered under Medicaid state plan.