

# Montana Medicaid Targeted Case Management Youth with SED

# **Population Description:**

The Montana Medicaid program offers targeted case management (TCM) services to youth with severe emotional disturbance (SED) with documented need for case management based on: the complexity of youth and family service needs or interventions; severity of youth's behavioral health symptoms; or strengths, preferences, and needs within family or caregiver capacity. Additionally TCM services must be documented to be necessary to maximize benefit and leverage resources from other systems.

### **Program Objectives:**

Targeted Case Management is the process of assessing needs, developing a service plan, coordinating services, and monitoring progress for the family system with an emphasis on the youth. Targeted Case Management assists, advocates, and empowers the family to help the youth obtain the necessary services to remain in school, in the home, and in their community while focusing on their social, emotional, behavioral, and basic needs.

# **Program Eligibility/Limits:**

To be eligible for SED TCM, children/youth must meet medical necessity criteria for severe emotional disturbance, which includes a range of medium and severe mental health diagnosis and functional impairment criteria. There is no limit on SED targeted case management services.

# **Provider Requirements:**

Services are provided by licensed mental health centers with a license endorsement permitting the provision of case management services. Minimum qualifications for a case manager are a bachelor's degree in a human services field with at least one year of full-time experience serving people with mental illness. Individuals with other educational backgrounds who have developed the necessary skills as providers, consumers, or advocates of mental health services, may also be employed as intensive case managers. TCM providers must also employ a program supervisor, experienced in providing services to individuals with mental illness.

Program Authorization: Medicaid State Plan

### RESOURCES

- 42 CFR 440.169
- 42 CFR 440.18
- Title 37, chapter 86, subchapter 33
- Title 37, chapter 87, subchapter 8
- Title 37, chapter 106, subchapter 19

### **CONTACTS**

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