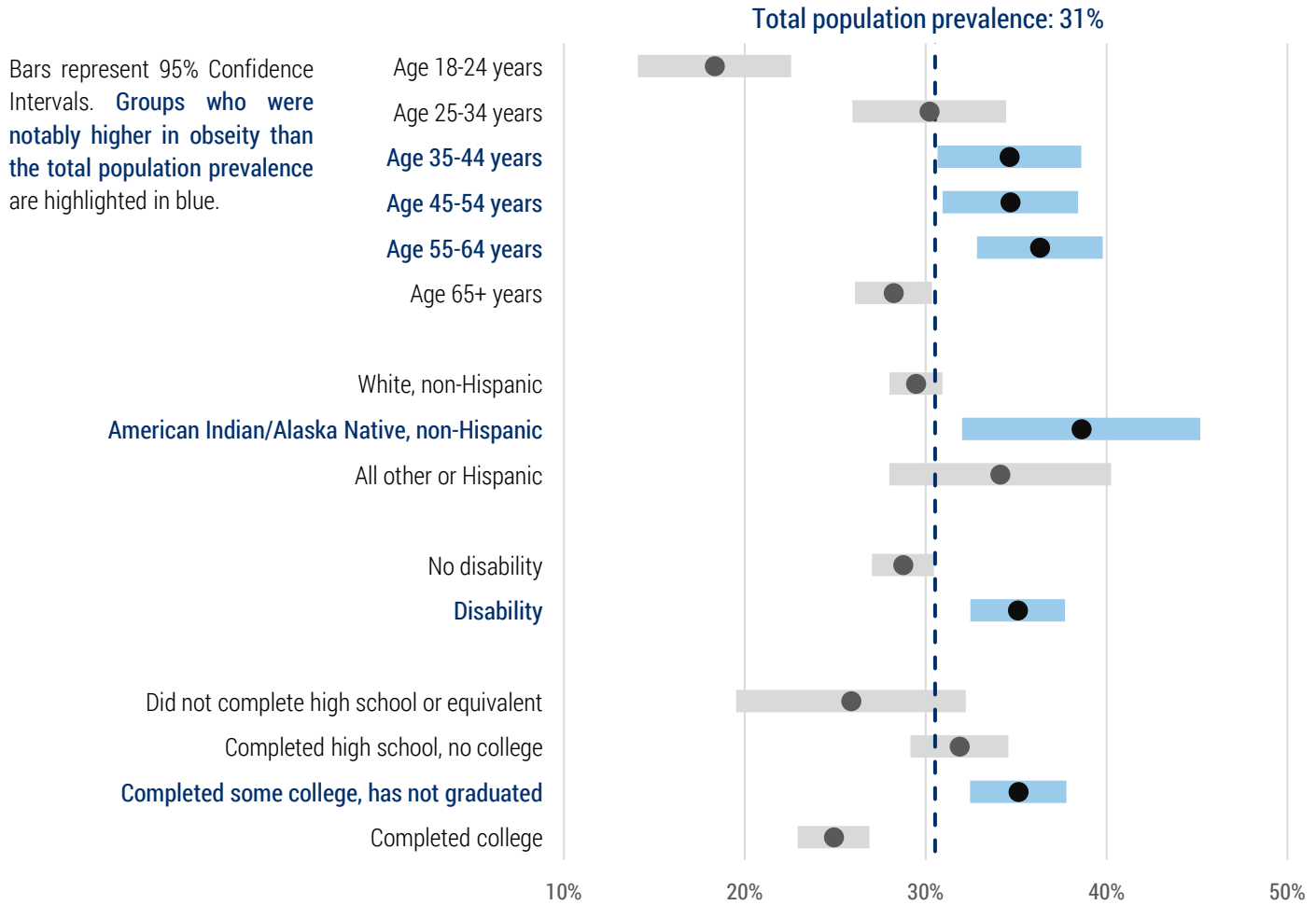


Obesity in Montana Adults, 2022

In 2022, nearly one in three Montana adults reported a BMI of 30 or more (obese), although there is considerable variation between groups.

There were no differences in prevalence of obesity between the total population (31%) and groups based on sex, income, living in an urban or rural county, or veteran status.



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Data Source: Montana Department of Public Health and Human Services (MT DPHHS) and Centers for Disease Control and Prevention (CDC). Behavioral Risk Factor Surveillance System Survey Data. Helena, MT: Montana Department of Public Health and Human Services, Public Health and Safety Division, [2022].