

### WHY YOU WANT TOBACCO-FREE PARKS IN YOUR COMMUNITY

WWW.TOBACCOFREE.MT.GOV

### **PROMOTE HEALTHY LIFESTYLES**



Tobacco-free policies establish a community norm that tobacco use is not a healthy behavior for young people or adults within the entire community.

#### **PROTECT AGAINST SECONDHAND SMOKE**

Secondhand smoke is deadly. Secondhand smoke levels in outdoor public places can reach levels as high as those found in indoor facilities where smoking is permitted.

### MODEL TOBACCO-FREE NORMS



Tobacco-free environments promote positive community role modeling and protect the health, safety, and welfare of all community members.

# **KEEP OUR LAND CLEAN**

Cigarette butts are the most commonly discarded piece of waste in the world. It is estimated that 1.69 billion pounds of butts end up as toxic trash each year. Cigarette butts are NOT biodegradable!

# **REDUCE FIRE RISK**

According to the U.S. Fire Administration, more than 2,000 outdoor fires were caused by smoking in 2014.

## YOU CAN QUIT

Call the Montana Tobacco Quit Line for free help quitting tobacco, including smokeless tobacco. For free help, call 1-800-QUIT-NOW.





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