

# Opportunities to Improve Health

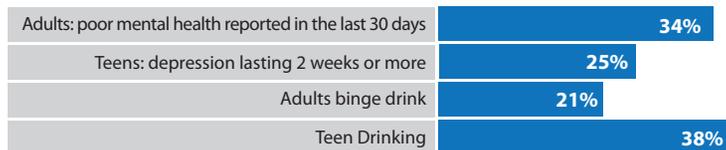
## WOMEN OF CHILDBEARING AGE Health Risks Lead to Poor Pregnancy Outcomes



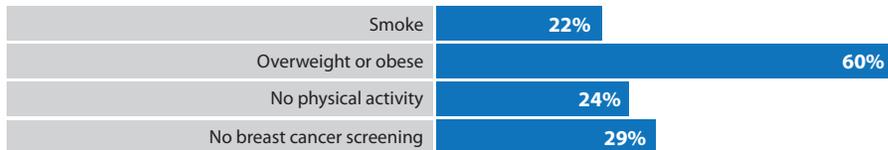
## CHILDREN AND ADOLESCENTS Too Few Are Immunized and Too Many Smoke



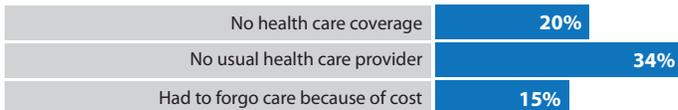
## ADOLESCENTS AND ADULTS High Prevalence of Alcohol Abuse and Poor Mental Health



## ADULT MONTANANS Unhealthy Lifestyles Are Too Common



## ACCESS TO CARE Many Montanans Lack Health Care Coverage and Medical Homes



To achieve a Healthier Montana, we encourage Montanans to:



### Our Pledge

- We pledge ourselves to:
- ✓ Pursue the goals and strategies described in this state health improvement plan
  - ✓ Build a public health and health care system that supports these goals
  - ✓ Facilitate partnerships that support these goals

# Big Sky. New Horizons. A Healthier Montana:

## A Plan to Improve the Health of Montanans

### Why are we doing this?

**Creating a Healthier Montana is critical to achieving a successful future.**



healthy children = better students

healthy adults = a more productive work force



healthy seniors = more satisfying retirement years



healthy population = a healthy economy



**To achieve this goal, Montana Department of Public Health and Human Services and more than 300 individuals representing 130 organizations:**

- Examined the health of Montanans
- Developed priorities and strategies
- Used the best science available

**This plan focuses on prevention, saving health care dollars and creating a common agenda for health improvement.**

### What does the plan include?

The plan includes six health improvement priorities:

- **Prevent, identify and manage chronic conditions**
- **Promote the health of mothers, infants and children**
- **Prevent, identify and control communicable disease**
- **Prevent injuries and reduce exposure to environmental health hazards**
- **Improve mental health and reduce substance abuse**
- **Strengthen Montana's public health and health care system**

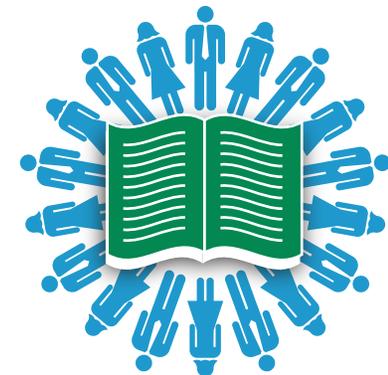
For each health improvement priority, strategies for improvement are included in four key action areas:

- Public health policies
- Prevention and health promotion efforts
- Access to health care, particularly clinical preventive services
- Montana's public health and health care system

### What happens next?

Achieving the priorities outlined in the plan will require a high-functioning public health and health care system composed of engaged public, private, non-profit and community partners.

The Governor will appoint an oversight body to direct and monitor progress in creating a Healthier Montana.



For the complete text of the plan visit: [www.dphhs.mt.gov/SHIP](http://www.dphhs.mt.gov/SHIP)