

Draft

PROPOSED Severe Disabling Mental Illness (SDMI) Level of Impairment (LOI) Worksheet

This worksheet must be used to determine if a member has a SDMI. The form must be completed by a licensed mental health professional, as indicated with a signature on page 2. The mental health impaired functioning must tie back to mental health diagnosis for a period of at least six months or for a predicable period over six months within the past 12 months. Score each area with a range of 0 to 5 with 0 being no impairment and 5 being grave. Score one time in each area of functioning.

Self-Care/Basic Needs	
LOI	Description of Mental Health Impairment
0	No problems in this area: Able to care for self and provide for own needs: hygiene is good; demonstrates acceptable grooming; follows treatment recommendations/medication compliant at this time
1	Mild level of impairment: No assistance needed in caring for self and obtaining basic needs; household cleanliness and/or hygiene are sporadic; misses 1 of 4 appointments; medication compliant 5 out of 7 days
2	Moderate level of impairment: occasional assistance required in caring for self and obtaining basic needs; household cleanliness and/or hygiene are marginal; regularly misses 50 percent of appointments; medication compliant 50 percent of the time
3	High level of impairment: assistance needed in caring for self and obtaining basic needs due to inability to care for self with poor household cleanliness and hygiene, lack of groceries and/or basic needs; inconsistent treatment and medication compliance
4	Severe level of impairment: unable to care for self and obtain basic needs in safe and sanitary manner (will only attend to grooming with assistance, will not grocery shop without assistance, not taking medication)
5	Gravely disabled: in extreme need of complete supportive care (shut in and requires grocery delivery, not taking medication)

Employment/Education/Housing/Financial	
LOI	Description of Mental Health Impairment
0	No problems in this area: has an adequate income, housing, and manages finances appropriately at this time
1	Mild level of impairment: problems in this area are by report only with minimal consequences
2	Moderate impairment: occasional problems due to limited income, some difficulties with finances (pays bills but often 30+ days behind), reprimands at work/school (2 or more incidents of absenteeism/tardiness, inappropriate behavior in the past 30 days); received housing complaints
3	High level of impairment: assistance needed in managing finances (impulsive with money, debt higher than income due to spending habits); job/school instability/insecurity due to disciplinary action in last 60 days; housing instability due to eviction or living in group home
4	Severe level of impairment: easily overwhelmed by finances (has not maintained checkbook in past 60 days or has a representative payee); easily overwhelmed by demands of work/school; unable to work/attend school; homeless, living with family/friends, couch surfing
5	Gravely disabled: severe and chronic difficulties; no income, risky/inappropriate financial behaviors (collection/garnishment/repossession); homeless with no options, living on the street/homeless shelter

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Family/Interpersonal Relationships	
LOI	Description of Mental Health Impairment
0	No problems in this area: has an adequate support system with family and friends; gets along well with others
1	Mild level of impairment: problems in this area are by report only with minimal consequences
2	Moderate impairment: difficulty developing or maintaining healthy relationships (difficulty meeting/greeting people, lack of eye contact, presents as odd, identifies 1+ friends); strained family relationships
3	High level of impairment: Inadequate relational skills resulting in tenuous and strained relationships (argumentative, lack of give and take, does not wait turn, identifies 1 friend but not close)
4	Severe impairment: impaired relational skills resulting in poor relationship formation and maintenance (poor boundaries, intense love/hate interactions, impulsive, frequent angry outbursts)
5	Gravely disabled: interpersonal relationships are virtually nonexistent (has no friends, isolative or others avoid due to strange or intense behaviors/interactions)

Mood/Thought Functioning	
LOI	Description of Mental Health Impairment
0	No problems in this area: mood within normal limits, cognitive and thought process are appropriate
1	Mild level of impairment: mild impairment in mood, exhibits cognitive impairment 10% of the time (poor judgment, memory loss, insight, orientation); thought disturbance 10% of the time (worries, ruminations, obsessions, compulsions)
2	Moderate impairment: moderate impairment in mood, exhibits cognitive impairment 25% of the time (poor judgment, memory loss, insight, orientation); odd or impoverished thought process/content 25% of the time (worries, ruminations, obsessions, compulsions)
3	High level of impairment: severe impairment in mood, exhibits cognitive impairment 50% of the time (poor judgment, memory loss, insight, orientation); odd or impoverished thought process/content 50% of the time (worries, ruminations, obsessions, compulsions)
4	Severe impairment: severe impairment in mood, persistent cognitive impairment 75% of the time (poor judgment, memory loss, insight, orientation); odd or impoverished thought process/content 75% of the time (worries, ruminations, obsessions, compulsions)
5	Gravely disabled: severe impairment in mood, chronic impairment resulting in a higher level of care; thought processes are disorganized and tangential; persistent disruption in communication; extreme disconnection from reality

Self-harm Behaviors/Harm to Others	
LOI	Description of Mental Health Impairment
0	No problems in this area: no self-harm; suicidal thoughts or behaviors; thoughts of harm to others or aggressiveness toward others
1	Mild impairment: in the past 90 days, thoughts of self-harm and/or suicide 1 to 2 times with no plan or intent; thought about harming others 1 to 2 times with no intent or plan; no history of aggressive behaviors
2	Moderate level of impairment: in the past 12 months, has recurrent thoughts of self-harm and/or suicide with no plan or intent; recurrent thoughts of harming others with no plan, intent, or actions
3	High level of impairment: has a history of self-harm behaviors but no thoughts of suicide; intent of self-harm behavior is not death; has a history of harming others that is impulsive without intent to harm others; verbal attacks
4	Severe impairment: recurrent thoughts of suicide; history of suicide attempts; recurrent aggressive behavior that is intended to cause injury or pain; verbal aggression leading to physical altercation
5	Gravely disabled: demonstrates imminent harm and/or danger to self or others

Certified By: _____ Date: _____ Total Score: _____