Standardized Recipe Form - - Child Care

Recipe Name _____Meal Component(s) _____

Ingredients	For _____ Servings		For _____ Servings		Directions Include *step by step instructions.*
	Required Serving per Child	Measure or Weight	Required Serving per Child	Measure or Weight	

Yield _____ Serving Size _____ Pan Size _____ Oven Temp. _____ Baking Time _____

Meal Pattern (3 – 5 yr. old)

Breakfast: ¾ cup milk (6 ounces); ½ cup fruit/vegetable; ½ oz. grain/bread

Lunch/Supper: ¾ cup milk (6 ounces); ¼ cup fruit/vegetable; ¼ cup fruit/vegetable; ½ oz. grain/bread; 1 ½ oz. meat/meat alternate

Snack: (Serve 2 of 4 components); ½ cup milk; ½ cup fruit/vegetable; ½ oz. grain/bread; 1 oz. meat/meat alternate