



SNAP 1704-1 Nutrition Education Programs

<p>Overview:</p>	<p>GENERAL RULE: The Supplemental Nutrition Assistance Education Program (SNAP-Ed) provides SNAP eligible participants with information and education opportunities. The classes offered will help develop skills and behaviors leading to improved nutritional and overall well-being. Classes will also provide increased ability to manage food resources in order to move toward a more self reliant lifestyle. SNAP-Ed is a Montana State University Extension Service program managed through a contract with DPHHS with Coleen R. Kaiser, MS, RD, LN as the Extension Nutrition Education Coordinator.</p> <p>As noted above, SNAP-Ed focuses on food resource management, healthy meals, basic food preparation skills, and the importance of physical activity for overall health. The skills taught in the program sessions related to food, food safety and food preparation also can provide work skills preparation in appropriate circumstances. Each lesson or demonstration includes issues such as cost, time, preparation skills and planning with an emphasis on how this critical area of family life can blend with work schedules.</p> <p>Another program administered by MSU Extension Service is the Expanded Food and Nutrition Education Program (EFNEP). It offers many of the same services as under SNAP-Ed. However, the population served is slightly different. EFNEP participants must have children in the household and are not required to be receiving SNAP benefits in order to receive EFNEP services.</p>																																		
<p>Policy:</p>	<p>CONTACTS:</p> <p>SNAP-Ed maintains <u>13</u> projects serving <u>18</u> counties. To make a referral please contact the appropriate entity.</p> <p>EFNEP maintains two units (Missoula and Yellowstone Counties.) These units are designated with a (**) after the county name. This means there must be a child in the home before a referral can be accepted.</p> <table border="0"> <thead> <tr> <th><u>COUNTY</u></th> <th><u>PHONE NUMBER</u></th> </tr> </thead> <tbody> <tr> <td>Big Horn</td> <td>665-9774</td> </tr> <tr> <td>Blaine</td> <td>357-3200 Ext. 2</td> </tr> <tr> <td>Custer</td> <td>874-3370</td> </tr> <tr> <td>Dawson</td> <td>874-3370</td> </tr> <tr> <td>Deer Lodge</td> <td>782-1455</td> </tr> <tr> <td>Flathead</td> <td>758-2448</td> </tr> <tr> <td>Flathead Reservation</td> <td>675-2700 Ext 1212</td> </tr> <tr> <td>Fort Belknap Reservation</td> <td>353-2656</td> </tr> <tr> <td>Hill</td> <td>265-5481 Ext. 233</td> </tr> <tr> <td>Lake</td> <td>676-4271</td> </tr> <tr> <td>Lincoln</td> <td>293-7781 Ext 211</td> </tr> <tr> <td>Mineral</td> <td>822-3545</td> </tr> <tr> <td>Missoula (**)</td> <td>258-4208</td> </tr> <tr> <td>Ravalli</td> <td>375-6609</td> </tr> <tr> <td>Roosevelt</td> <td>787-5312</td> </tr> <tr> <td>Rosebud</td> <td>346-7320</td> </tr> </tbody> </table>	<u>COUNTY</u>	<u>PHONE NUMBER</u>	Big Horn	665-9774	Blaine	357-3200 Ext. 2	Custer	874-3370	Dawson	874-3370	Deer Lodge	782-1455	Flathead	758-2448	Flathead Reservation	675-2700 Ext 1212	Fort Belknap Reservation	353-2656	Hill	265-5481 Ext. 233	Lake	676-4271	Lincoln	293-7781 Ext 211	Mineral	822-3545	Missoula (**)	258-4208	Ravalli	375-6609	Roosevelt	787-5312	Rosebud	346-7320
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	<p>Sanders 822-3833 Silver Bow 782-1455 Treasure 346-7320 Yellowstone (**) 869-3546</p> <p>Staff is encouraged to refer participants of all ages and backgrounds to available resources. Strengthening an individual's knowledge of nutritional issues and food resource management will allow them to stretch their food dollars, improve their diets and enhance their overall well being and often times that of the family as well. Such referrals are not mandatory but should be provided when individuals express an interest or it appears further information may be of assistance to the household.</p>
Date Revised	April 2009