

Instructor Evaluation Form

Arthritis Foundation Exercise Program or the Walk with Ease

Please check the box that most closely matches your level of agreement with each statement below.

Instructor Characteristics	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
The instructor is always prepared for class	<input type="checkbox"/>				
Class is presented in an organized manner	<input type="checkbox"/>				
The instructor gives clear easy to follow instructions	<input type="checkbox"/>				
The instructor always recommends participants to work at an appropriate pace for their ability	<input type="checkbox"/>				
The instructor gives safety reminders often	<input type="checkbox"/>				
The instructor demonstrates safe movement	<input type="checkbox"/>				
The instructor offers modifications for those with limited range of motion	<input type="checkbox"/>				
The instructor is enthusiastic and makes class fun	<input type="checkbox"/>				
The instructor is knowledgeable about safe exercises for people with arthritis	<input type="checkbox"/>				
I feel comfortable approaching the instructor with questions or problems I am having with class	<input type="checkbox"/>				

Please share any other comments or suggestions you may have about this class:
