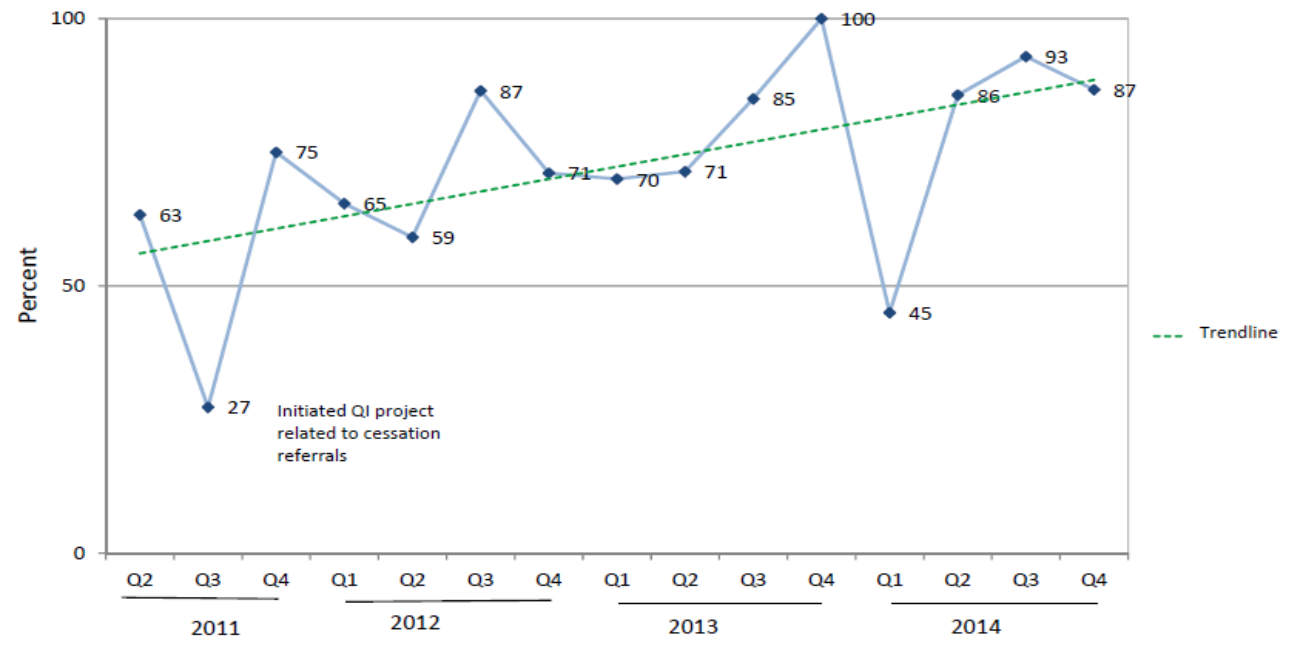
Montana
Chronic Disease Prevention
& Health Promotion Bureau

MT Quick Stats

Percentage of adults aged ≥ 18 years attending cardiac rehabilitation in participating Outcomes facilities who received QuitLine or smoking cessation referrals, April 2011 – December 2014.



- Smoking is a strong risk factor for the development and progression of cardiovascular disease.
- Cardiac rehab focuses on strategies to reduce the risk of cardiovascular disease progression.
- In 2011, the Montana Cardiovascular Health Program partnered with the Montana Tobacco Use Prevention Program to focus on improving smoking cessation referral rates for patients entering cardiac rehab who were identified as smokers.
- Smoking cessation referrals have improved steadily since 2011.
- Continued vigilance and provider feedback are important in keeping cessation referrals a priority.

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Data Source
Montana Association of Cardiovascular and Pulmonary Rehabilitation Outcomes, April 2011 – December 2014.
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MONTANA DPHHS
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