Table 9: Body Mass Index (BMI), Montana Adults, 2009
(with 95% confidence intervals)

	Overweight † (25.0 ≤ BMI <30.0)				Obese ‡ (BMI ≥30.0)			
		95% CI				95% CI		
	Wt.%	LL	UL	UnWt. N	Wt.%	LL	UL	UnWt. N
All Adults	38.4	36.7	40.1	2,894	23.7	22.4	25.2	1,869
Sex:								
Male	45.1	42.5	47.8	1,520	24.3	22.2	26.5	836
Female	31.4	29.3	33.5	1,374	23.2	21.4	25.0	1,033
Age:								
18 - 24	26.9	20.3	34.9	64	14.5	10.0	20.6	43
25 - 34	35.2	30.2	40.5	203	23.2	18.9	28.3	126
35 - 44	37.8	34.0	41.8	327	26.4	22.9	30.2	235
45 - 54	41.2	38.2	44.3	604	25.8	23.2	28.7	401
55 - 64	42.0	39.2	44.9	684	28.4	25.9	31.1	512
65+	42.8	40.4	45.2	1,006	21.8	19.8	23.8	551
Education:								
<High School	29.9	24.1	36.4	193	29.5	23.6	36.0	155
High School	38.2	35.2	41.4	918	25.9	23.3	28.6	662
Some College	38.6	35.5	41.8	819	25.1	22.5	28.0	551
College Degree	40.3	37.6	43.0	963	19.0	17.0	21.2	499
Income:								
<$15,000	31.7	26.8	37.1	273	31.5	26.6	36.9	260
$15,000 - $24,999	39.8	35.4	44.2	517	23.3	20.2	26.7	348
$25,000 - $49,999	40.5	37.6	43.6	873	25.6	23.0	28.4	572
$50,000 - $74.999	37.2	33.4	41.1	468	23.4	20.2	26.9	280
$75,000 +	41.1	37.4	45.0	531	18.5	15.9	21.4	261
Race/Ethnicity:								
White, non-Hispanic	39.1	37.3	40.9	2,583	22.4	21.0	23.9	1,552
AI/AN*	31.4	25.8	37.5	166	43.2	36.6	50.1	205
Other or Hispanic**	32.8	26.3	40.0	133	29.3	22.7	36.9	101
Disability:								
Disability	39.4	36.4	42.5	741	31.2	28.4	34.1	678
No Disability	38.3	36.3	40.3	2,115	21.5	19.9	23.2	1,167
Region:								
1- Eastern MT	40.3	36.4	44.2	386	27.1	23.9	30.6	294
2- N Central MT	38.2	34.4	42.2	449	25.5	22.4	28.9	346
3- S Central MT	38.0	34.3	41.9	423	28.5	24.9	32.4	295
4- Southwest MT	37.4	34.2	40.8	767	21.6	19.0	24.4	453
5- Northwest MT	38.9	35.7	42.2	855	20.9	18.5	23.6	476
MMSA-Billings	37.0	32.2	42.0	229	29.2	24.4	34.4	163
MMSA-Bozeman	43.4	37.2	49.8	238	15.2	11.5	19.8	97
MMSA-Butte	41.3	35.7	47.1	225	26.4	21.4	32.1	150
MMSA-Kalispell	36.1	31.1	41.4	218	24.8	20.2	30.1	117

† Self-reported height and weight yield a body mass index (BMI) greater than or equal to 25 and less than 30. Total Sample Size: 7,376, Weighted Prevalence Estimate: 279,800.

‡ Self-reported height and weight yield a body mass index (BMI) greater than or equal to 30. Total Sample Size: 7,376, Weighted Prevalence Estimate: 173,000.

* American Indian or Alaska Native only.

** All other non-White (including multiracial) or Hispanic.