

**Table 10: Fruit and Vegetable Consumption,  
Montana Adults, 2009**

(with 95% confidence intervals)

	Inadequate Fruit and Vegetable Consumption †			
	Wt.%	95% CI		UnWt. N
	LL	UL		
<b>All Adults</b>	74.3	72.8	75.8	5,412
<b>Sex:</b>				
Male	81.0	78.9	83.0	2,504
Female	67.7	65.5	69.8	2,908
<b>Age:</b>				
18 - 24	72.4	64.3	79.2	165
25 - 34	77.9	73.5	81.8	406
35 - 44	74.7	71.1	78.0	661
45 - 54	76.3	73.6	78.8	1,166
55 - 64	74.3	71.7	76.7	1,307
65+	70.1	67.8	72.3	1,686
<b>Education:</b>				
<High School	75.7	68.2	81.9	408
High School	78.6	75.8	81.1	1,834
Some College	75.6	72.7	78.2	1,551
College Degree	68.3	65.8	70.7	1,613
<b>Income:</b>				
<\$15,000	77.4	72.7	81.5	606
\$15,000 - \$24,999	75.7	71.7	79.3	997
\$25,000 - \$49,999	76.9	74.4	79.3	1,588
\$50,000 - \$74.999	73.4	69.5	76.8	845
\$75,000 +	71.9	68.7	74.9	893
<b>Race/Ethnicity:</b>				
White, non-Hispanic	74.5	72.9	76.1	4,759
AI/AN*	68.7	61.1	75.3	358
Other or Hispanic**	76.9	69.5	82.9	266
<b>Disability:</b>				
Disability	72.5	69.6	75.2	1,493
No Disability	74.8	73.0	76.5	3,903
<b>Region:</b>				
1- Eastern MT	77.7	74.1	80.9	745
2- N Central MT	75.9	72.5	78.9	916
3- S Central MT	72.6	68.8	76.1	763
4- Southwest MT	74.9	71.9	77.7	1,460
5- Northwest MT	73.1	70.1	75.9	1,509
MMSA-Billings	72.9	68.2	77.2	423
MMSA-Bozeman	69.0	63.3	74.2	388
MMSA-Butte	80.2	75.5	84.3	439
MMSA-Kalispell	70.4	65.1	75.3	361

† Inadequate consumption is less than 5 servings per day.

Total Sample Size: 7,371, Weighted Prevalence

Estimate: 539,800.

\* American Indian or Alaska Native only.

\*\* All other non-White (including multiracial) or Hispanic.