

Table A. Leading Causes of Death in Montana, 2010* (Erratum 4/2012)

Rank	Cause of death	# of Deaths	% of total deaths ¹	Crude Rate per 100,000 ²	Risk Characteristics to Target Prevention
1	Cancer	1,912	21.7	193.2	Smoking, high-fat diet, chronic alcohol abuse
2	Heart disease	1,842	20.9	186.2	Smoking, physical inactivity, high blood pressure, high-fat diet, high blood cholesterol, overweight
3	Chronic lower respiratory diseases	601	6.8	60.7	Smoking, exposure to certain chemicals
4	Unintentional Injury (Accidents)	545	6.2	55.1	Binge and chronic drinking, non-use of safety belts
5	Cerebrovascular disease (including stroke)	493	5.6	49.8	High blood pressure, smoking, high blood cholesterol
6	Alzheimer's disease	301	3.4	30.4	Head injuries
7	Intentional Self-Harm (Suicide)	227	2.6	22.9	Depression, alcohol or substance abuse, major stressor events
8	Diabetes	226	2.6	22.8	Overweight, physical inactivity, poor nutrition
9	Pneumonia and Influenza	168	1.9	17.0	Vaccine preventable infection with pneumococcal bacteria or influenza virus, compromised immune system
10	Chronic Liver Disease and Cirrhosis	134	1.5	13.5	Chronic alcohol abuse, Hepatitis B or Hepatitis C infection
Total deaths from leading causes		6,449	73.3		

* Mortality data are from e-mail correspondence with Derek Emerson, Montana Vital Statistics, Montana Department of Public Health and Human Services, October 2011.

¹ Total deaths from all causes in 2010, excluding fetal deaths, were 8,803.

² Cause-specific crude death rates are per 100,000 estimated population.