

ALCOHOL RELATED RISK BEHAVIORS

Montana BRFSS, 2011

In 2011, 20.8% of Montana adults reported binge drinking sometime within the past month, 7.5% of adults reported drinking heavily in the previous month. Of those adults who binge drank the previous month, 10.5% reported they drove after binge drinking.

Sociodemographic Trends

- ◆ The prevalence of binge drinking was significantly higher for men than for women.
- ◆ Older adults reported binge drinking or drinking heavily within the past month less often than younger adults.
- ◆ The prevalence of having driven after the most recent binge drinking episode was significantly higher among White non-Hispanic adults than American Indian/Alaska Native adults.
- ◆ Adults without a disability reported binge drinking in the past month more frequently than adults with a disability.

Figure 12. Alcohol-Related Risk Behaviors by Education, Montana BRFSS, 2011

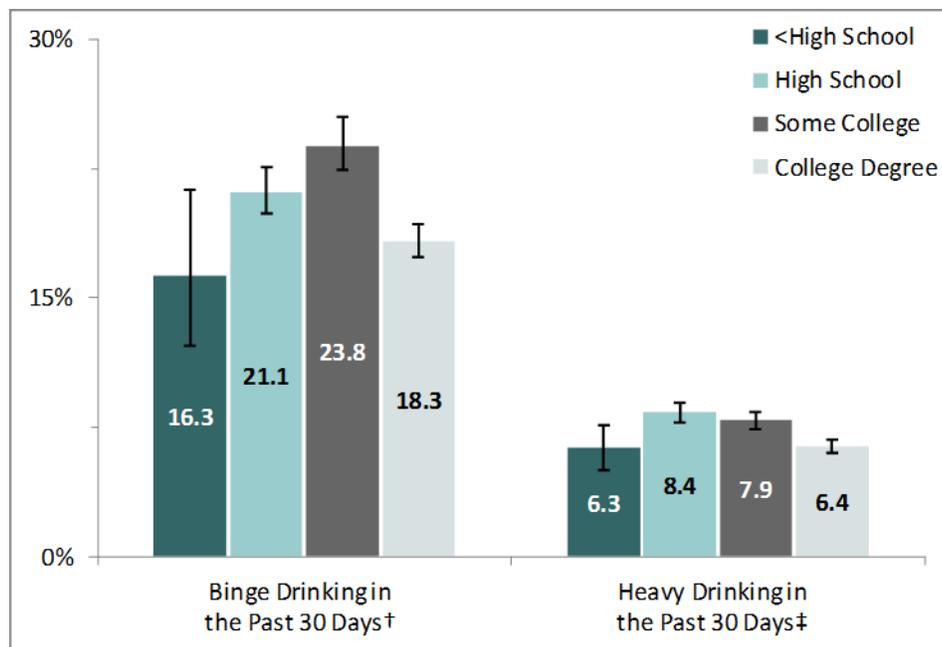


Table 11: Alcohol Related Risk Behaviors, Montana Adults, 2011

	Heavy Drinking in the Past 30 Days ‡				Binge Drinking in the Past 30 Days †				Binge Drinking and Driving in Past 30 Days §			
	Wt.	95% CI		UnWt. N	Wt. %	95% CI		UnWt. N	Wt. %	95% CI		UnWt. N
		LL	UL			LL	UL			LL	UL	
All Adults:	7.5	6.8	8.4	668	20.8	19.6	22.1	1,538	10.5	8.5	13.0	171
Sex:												
Male	8.2	7.0	9.5	318	27.3	25.3	29.4	931	12.5	9.7	15.9	119
Female	7.0	6.0	8.0	350	14.5	13.1	16.1	607	7.0	4.7	10.3	52
Age:												
18 - 24	9.9	7.2	13.5	53	34.2	29.2	39.6	172	11.4	6.1	20.3	13
25 - 34	10.4	8.3	13.1	93	34.4	30.5	38.5	292	9.2	6.1	13.6	30
35 - 44	6.4	4.5	8.9	67	25.2	21.6	29.0	258	8.9	5.7	13.7	27
45 - 54	8.6	6.9	10.7	152	20.1	17.4	23.0	349	10.9	6.9	16.8	44
55 - 64	7.0	5.7	8.7	174	14.3	12.2	16.6	303	13.4	8.2	21.2	35
65+	4.2	3.3	5.4	129	5.1	4.1	6.3	162	11.2	6.2	19.6	21
Education:												
<High School	6.3	4.3	9.2	40	16.3	12.7	20.7	97	3.8	1.3	10.9	5
High School	8.4	6.9	10.2	212	21.1	18.8	23.6	490	11.9	7.8	17.7	51
Some College	7.9	6.6	9.5	203	23.8	21.4	26.4	489	11.1	8.0	15.3	61
College Degree	6.4	5.3	7.7	212	18.3	16.4	20.4	461	10.0	7.0	13.9	54
Income:												
<\$15,000	8.2	6.0	11.1	81	20.9	17.2	25.2	163	7.1	3.8	12.9	16
\$15,000 - \$24,999	8.7	6.9	11.0	125	20.6	17.7	23.7	254	9.9	5.8	16.3	23
\$25,000 - \$49,999	6.7	5.5	8.1	180	19.9	17.7	22.2	443	11.6	8.1	16.3	56
\$50,000 - \$74,999	7.2	5.4	9.6	95	22.4	19.1	26.0	244	15.5	10.2	22.9	37
\$75,000 +	8.5	6.6	10.8	138	25.2	21.9	28.8	324	11.1	6.2	19.1	33
Race/Ethnicity:												
White, non-Hispanic	7.4	6.6	8.3	597	20.3	18.9	21.6	1,335	11.4	9.2	14.2	158
AI/AN*	9.0	5.6	14.2	29	27.3	21.6	33.9	113	0.8	0.3	2.1	5
Other or Hispanic**	8.4	5.4	12.8	39	25.3	19.1	32.7	85	NSD^Δ			8
Disability:												
No Disability	7.7	6.8	8.7	473	23.3	21.7	24.9	1,194	11.0	8.7	13.8	142
Disability	7.3	5.9	8.9	191	14.9	12.9	17.2	341	8.7	5.0	14.7	29
Region:												
1- Eastern MT	6.6	4.7	9.2	66	18.4	14.9	22.7	165	5.8	3.0	11.1	15
2- N Central MT	7.8	6.0	10.1	114	20.8	18.0	24.0	295	9.1	5.6	14.4	36
3- S Central MT	7.0	5.3	9.1	107	19.6	16.8	22.7	247	6.5	3.9	10.6	20
4- Southwest MT	8.0	6.6	9.7	165	22.1	19.6	24.8	348	10.2	6.9	14.8	39
5- Northwest MT	7.8	6.4	9.5	209	21.1	18.8	23.7	455	14.9	10.4	20.8	60

† Binge drinking is defined as having five or more alcoholic drinks on one occasion for men, and four or more alcoholic drinks on one occasion for women. Total Sample Size: 9,546, Weighted Prevalence Estimate: 148,000.

‡ Heavy drinking is defined as the consumption of more than two alcoholic drinks per day for men or more than one alcoholic drink per day for women. Total Sample Size: 9,541 Weighted Prevalence Estimate: 53,600.

§ Did you drive a motor vehicle such as a car, truck, or motorcycle during or within a couple of hours after this occasion? Total Sample Size: 1,463 Weighted Prevalence Estimate: 14,800.

* American Indian or Alaska Native only.

** All other non-White (including multi-racial or Hispanic).

Δ Not Sufficient Data to report a reliable estimate.