

DIABETES

Montana BRFSS, 2011

During 2011, 8.0% of adults reported having ever been diagnosed with diabetes and 6.7% ever had been diagnosed with pre-diabetes.

Sociodemographic Trends

- ◆ Women reported having been diagnosed with pre-diabetes more often than men, but the prevalence of diabetes was similar by sex.
- ◆ The prevalence of diabetes and pre-diabetes increased with increasing age.
- ◆ Adults with higher education reported having been diagnosed with diabetes less frequently than those with less education.
- ◆ Adults with higher household incomes reported having been diagnosed with diabetes less often than those with lower household incomes.
- ◆ The prevalence of ever having been diagnosed with diabetes was significantly higher among American Indian/Alaskan Native adults than White, non-Hispanic adults or those from other racial-ethnic groups.
- ◆ Adults with a disability reported having been diagnosed with diabetes or pre-diabetes more often than adults without a disability.
- ◆ Adults in the Southwest health region reported having been diagnosed with diabetes less frequently than those in the North Central or South Central regions.

Figure 17. Diabetes by Disability Status, Montana BRFSS, 2011

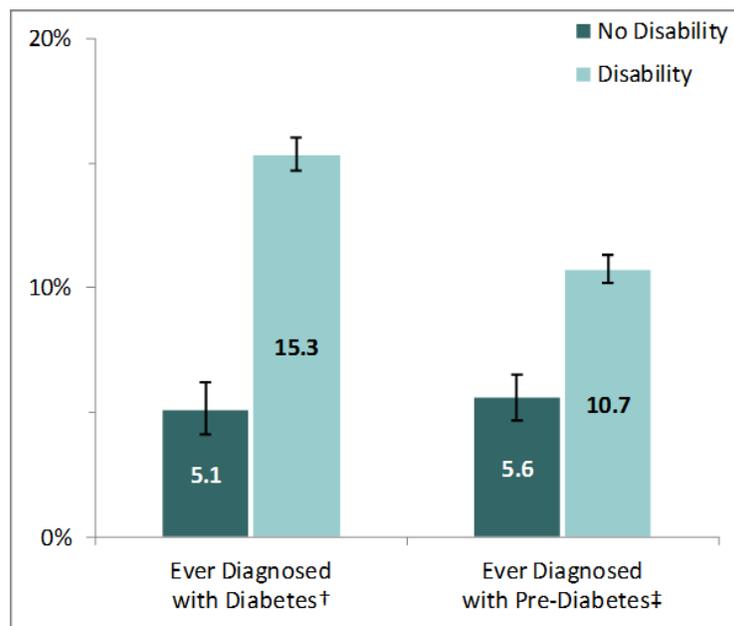


Table 17: Diabetes, Montana Adults, 2011

	Ever Diagnosed with Diabetes †				Ever Diagnosed with Pre-Diabetes ‡			
	Wt. %	95% CI		UnWt. N	Wt. %	95% CI		UnWt. N
		LL	UL			LL	UL	
All Adults:	8.0	7.3	8.7	1,020	6.7	6.0	7.5	723
Sex:								
Male	8.0	7.0	9.1	458	5.5	4.5	6.7	260
Female	8.0	7.0	9.0	562	7.9	6.9	9.0	463
Age:								
18 - 24	0.7	0.2	3.4	3	3.0	1.5	5.8	17
25 - 34	2.2	1.2	4.0	20	6.1	4.3	8.5	68
35 - 44	2.6	1.7	3.7	44	5.1	3.4	7.4	62
45 - 54	6.9	5.4	9.0	126	9.0	7.1	11.4	147
55 - 64	11.8	10.1	13.8	275	8.0	6.6	9.6	191
65+	18.9	16.8	21.1	545.0	8.0	6.6	9.6	234
Education:								
<High School	10.7	8.1	14.2	110	7.5	4.9	11.2	62
High School	8.7	7.4	10.2	345	7.2	6.0	8.7	242
Some College	8.8	7.6	10.3	329	7.0	5.7	8.6	214
College Degree	4.7	3.9	5.6	231	5.3	4.3	6.6	204
Income:								
<\$15,000	13.5	10.8	16.6	190	9.9	7.4	13.2	113
\$15,000 - \$24,999	10.1	8.4	12.2	236	7.2	5.7	9.0	157
\$25,000 - \$49,999	7.9	6.6	9.3	286	5.6	4.4	7.1	187
\$50,000 - \$74,999	5.2	3.9	6.8	96	7.3	5.3	10.1	82
\$75,000 +	3.8	2.9	5.0	98	5.6	4.3	7.4	119
Race/Ethnicity:								
White, non-Hispanic	7.6	6.9	8.4	824	6.5	5.8	7.4	600
AI/AN*	16.7	12.6	21.7	139	10.2	7.3	14.1	68
Other or Hispanic**	5.8	3.9	8.5	54	7.1	4.3	11.4	52
Disability:								
No Disability	5.1	4.4	5.8	456	5.6	4.7	6.5	403
Disability	15.3	13.5	17.4	503	10.7	9.0	12.6	297
Region:								
1- Eastern MT	9.6	7.6	12.1	131	7.5	5.6	10.0	89
2- N Central MT	9.8	7.9	12.1	220	7.8	6.3	9.5	168
3- S Central MT	9.6	7.8	11.7	190	8.0	6.1	10.4	127
4- Southwest MT	6.4	5.2	7.7	171	5.8	4.5	7.4	132
5- Northwest MT	7.1	5.9	8.5	294	5.7	4.6	7.1	198

† Have you ever been told by a doctor you have diabetes? Total Sample Size: 10,251
Weighted Prevalence Estimate: 61,300.

‡ Have you ever been told by a doctor you have pre-diabetes or borderline diabetes?
Includes women who were diagnosed with pre-diabetes only during pregnancy. Total
Sample Size: 9,160 Weighted Prevalence Estimate: 46,900.

* American Indian or Alaska Native only.

** All other non-White (including multi-racial or Hispanic).