

ALCOHOL RELATED RISK BEHAVIORS

Montana BRFSS, 2012

In 2012, 8.5% of Montana adults reported drinking heavily within the past month and 21.7% of adults reported binge drinking within the past month. Of those adults who binge drank the previous month, 7.5% reported they drove after binge drinking.

Sociodemographic Trends

- ◆ The prevalence of binge drinking was significantly higher for men than for women.
- ◆ Older adults reported drinking heavily and binge drinking within the past month less often than younger adults. However, older adults reported driving after binge drinking more often than younger adults.
- ◆ The prevalence of having driven after the most recent binge drinking episode was significantly higher among White, non-Hispanic adults than American Indians/Alaska Natives.
- ◆ Adults with a disability reported binge drinking in the past month less often than adults without a disability. However, adults with a disability reported driving after their most recent binge drinking episode more often than adults without a disability.

Figure 15. Alcohol Related Risk Behaviors by Sex, Montana BRFSS, 2012

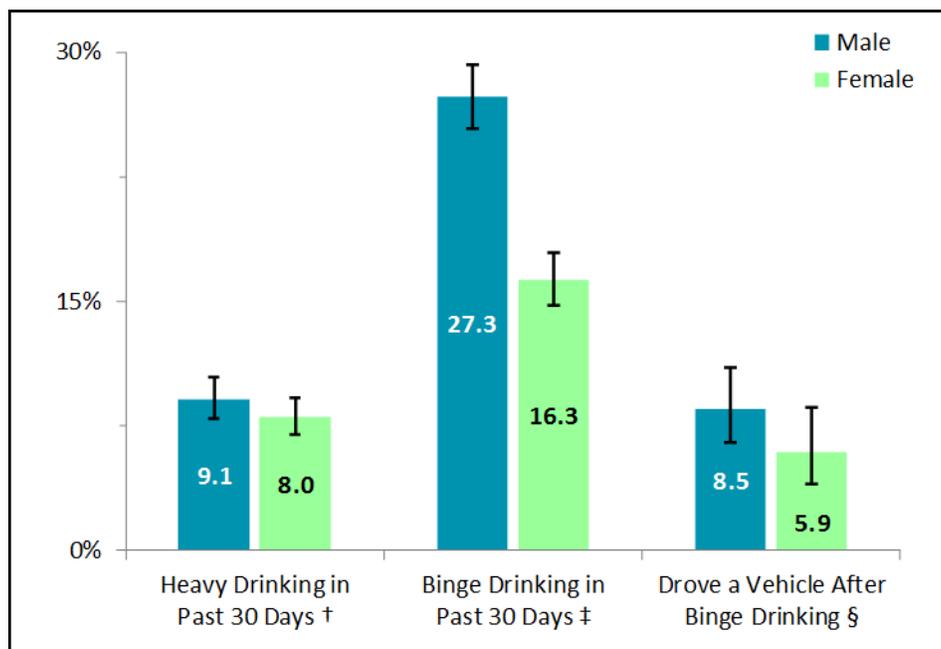


Table 15: Alcohol Related Risk Behaviors, Montana Adults, 2012

	Heavy Drinking in the Past 30 Days †				Binge Drinking in the Past 30 Days ‡				Binge Drinking and Driving in Past 30 Days §			
	95% CI				95% CI				95% CI			
	Wt.	LL	UL	UnWt. N	Wt. %	LL	UL	UnWt. N	Wt. %	LL	UL	UnWt. N
All Adults:	8.5	7.7	9.4	610	21.7	20.5	23.0	1,434	7.5	6.0	9.3	134
Sex:												
Male	9.1	7.9	10.4	293	27.3	25.4	29.2	856	8.5	6.5	11.0	93
Female	8.0	7.0	9.2	317	16.3	14.8	17.9	578	5.9	4.0	8.6	41
Age:												
18 - 24	14.5	11.0	19.0	57	39.3	34.1	44.7	164	3.8	1.7	8.5	6
25 - 34	8.4	6.5	10.8	72	34.4	30.8	38.1	302	8.1	5.0	12.7	23
35 - 44	8.7	6.7	11.1	77	26.1	22.8	29.7	231	6.2	3.4	11.3	13
45 - 54	9.8	8.0	11.8	144	20.5	18.0	23.2	306	7.5	4.8	11.6	33
55 - 64	8.1	6.7	9.7	141	16.3	14.3	18.6	299	10.0	6.6	14.9	36
65+	4.4	3.5	5.4	118	4.9	3.9	6.0	131	17.9	11.1	27.6	23
Education:												
<High School	10.4	7.5	14.3	49	19.8	15.7	24.7	94	4.8	1.7	13.3	7
High School	8.9	7.4	10.6	193	21.9	19.7	24.2	458	7.3	5.0	10.8	45
Some College	7.9	6.6	9.4	174	23.5	21.3	25.9	445	7.3	4.9	10.8	37
College Degree +	8.3	7.1	9.8	194	20.1	18.2	22.2	436	8.7	6.1	12.3	45
Income:												
<\$15,000	9.1	6.8	12.0	77	25.0	21.2	29.2	181	9.5	5.3	16.4	17
\$15,000 - \$24,999	8.0	6.3	10.1	99	22.5	19.6	25.6	248	6.5	4.0	10.5	26
\$25,000 - \$49,999	8.0	6.5	9.8	158	20.7	18.4	23.1	381	6.8	4.3	10.6	31
\$50,000 - \$74,999	8.7	6.8	11.1	90	25.3	22.0	28.8	243	8.6	5.2	14.0	25
\$75,000 +	10.2	8.4	12.4	137	23.0	20.4	25.9	305	7.2	4.5	11.2	30
Race/Ethnicity:												
White, non-Hispanic	8.7	7.9	9.7	550	21.4	20.2	22.7	1,251	7.7	6.1	9.7	118
AI/AN*	7.5	4.5	12.4	30	27.5	21.4	34.7	96	1.9	0.7	5.2	4
Other or Hispanic**	6.7	3.8	11.6	27	23.8	18.1	30.5	80	NSD ^Δ			12
Disability:												
Disability	8.0	6.6	9.7	151	16.0	13.9	18.3	303	11.0	7.3	16.1	40
No Disability	8.7	7.8	9.8	456	23.7	22.3	25.2	1,126	6.7	5.2	8.7	94
Region:												
1- Eastern MT	7.7	5.6	10.4	54	20.0	16.7	23.8	148	9.8	5.6	16.6	19
2- N Central MT	8.2	6.4	10.4	123	20.5	17.7	23.6	308	11.4	7.2	17.5	41
3- S Central MT	8.6	6.9	10.7	103	21.4	18.7	24.4	237	7.4	4.5	12.0	21
4- Southwest MT	8.9	7.4	10.8	128	23.4	20.9	26.2	285	5.1	3.0	8.7	17
5- Northwest MT	8.3	6.8	10.0	189	21.2	19.0	23.5	428	7.6	5.0	11.3	36

† Heavy drinking is defined as the consumption of more than two alcoholic drinks per day for men or more than one alcoholic drink per day for women. Total Sample Size: 8,446, Weighted Prevalence Estimate: 64,900.

‡ Binge drinking is defined as having five or more alcoholic drinks on one occasion for men, and four or more alcoholic drinks on one occasion for women. Total Sample Size: 8,457, Weighted Prevalence Estimate: 165,400.

§ Did you drive a motor vehicle such as a car, truck, or motorcycle during or within a couple of hours after this [binge drinking] occasion? Total Sample Size: 1,329, Weighted Prevalence Estimate: 11,200.

* American Indian or Alaska Native only.

** All other non-White (including multi-racial or Hispanic).

Δ Not Sufficient Data to report a reliable estimate.