

MEASLES

The last cases of measles in Montana were reported in **1990**

Measles spreads easily:

1 person can infect **18** others.



The virus can live on surfaces for

2 hours

The **M**easles, **M**umps, and **R**ubella (MMR) vaccine is safe and effective against measles.



If 100 people who received MMR vaccine were exposed to measles, only 2 or 3 would get the disease.

Getting an MMR vaccine protects you, your family, and those that are most vulnerable. Here's why:



Babies cannot get an MMR until they are 1 year of age. If 10 babies were exposed to someone with measles, 9 would get the disease.

Signs & Symptoms

7-14 days after exposure:

- High fever
- Cough
- Runny nose
- Conjunctivitis

2-3 days later: tiny white spots inside the mouth (Koplik spots)

3-5 days later: a rash begins on the face and spreads downwards.

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will develop complications:

- Pneumonia
- Brain swelling
- Diarrhea
- Death
- Hearing loss

If you develop symptoms of measles, call ahead to your healthcare provider.