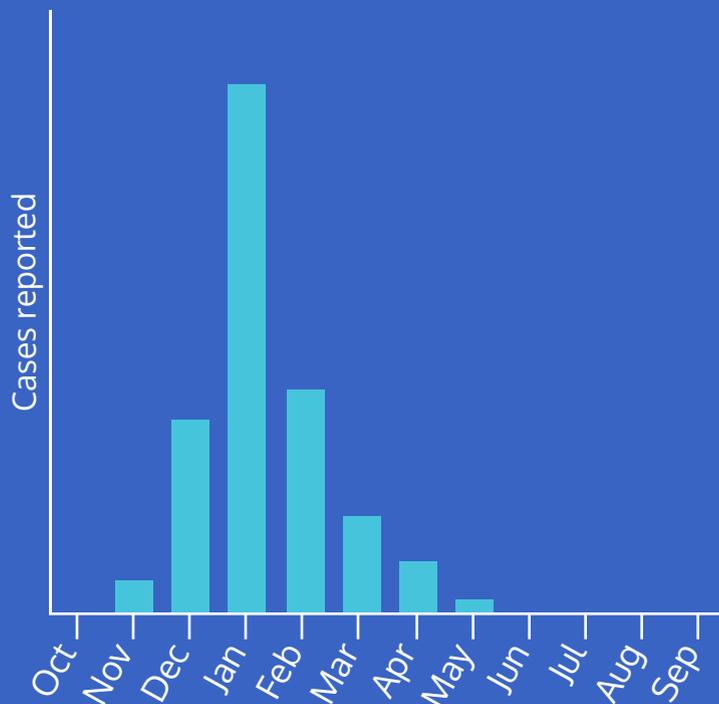


Are you ready for flu season?

The flu can affect anyone, but serious complications can occur among the very young, the elderly, and the immunocompromised.

41%

of Montanans hospitalized during the 2015-16 season were aged 65 and older



Influenza season typically begins in late fall in Montana, with peak activity occurring in January.

62%

of Montanans hospitalized due to influenza did not receive a flu shot last year.

Typical influenza symptoms include:

- fever
- cough
- sore throat
- runny/stuffy nose
- muscle aches
- body aches
- headache
- fatigue

Prevent the flu:



Get a flu shot



Stay home if you are sick



Wash your hands often



Cover your cough

