



The Facts about Sudden Cardiac Arrest

- Sudden cardiac arrest (SCA) strikes an estimated 295,000 Americans each year and 80% of SCA events occur in the home.
- Nationally, 92% of those who suffer SCA die before reaching the hospital.
- Improved survival rates require a collective community response by the general public, first responders, EMS services and in-hospital caregivers.
- Success begins with bystanders.
- Everyone should recognize and know how to call 911, start chest compressions and how to find and use an AED.

Our goal is to train as many community members in Adult Hands-Only Bystander CPR as possible. Communities with higher CPR participation have increased survival, as CPR before the arrival of professional rescuers doubles the chance of survival for a victim of sudden cardiac arrest.

Join others in your community and learn Adult Hands-Only Bystander CPR. The classes are free and take less than an hour. You can save someone's life.

Two class options:

- Attend an existing class. (Schedule available at www.gallatinheartrescue.com)
- Arrange for a class to be held at your place of work, church, civic group or other.



<http://dphhs.mt.gov/publichealth/EMSTS/cardiaready/ontanaHeartRescueCPRTraining>

Learn CPR and Save a Life

American Medical Response (AMR)
and Bozeman Deaconess Health Services
in conjunction with Bozeman Deaconess
Cardiovascular Training Center, Absaroka
Emergency Physicians and all Gallatin
County Law Enforcement and Fire Agencies
have joined together to create the
Gallatin Heart Rescue Project.



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my father had sudden cardiac
arrest right after a very hard
workout. Luckily someone at his
gym knew CPR. That man saved
my dads life. Without that man
I would not know how to ski
or fish or all the other things
my dad teaches me. My dad lives
but without CPR he would
not be at the dinner table
tonight.

Help CPR spread so other
people can be saved like
my dad.

Annie
Age 9