

FACTS TO SHARE AT TRAININGS

< 350,000-400,000 PEOPLE SUFFER SUDDEN CARDIAC ARREST EACH YEAR NATIONALLY

<FOR EVERY MINUTE COMPRESSIONS ARE DELAYED, CHANCES OF SURVIVAL DECREASE 10-15%

<NATIONALLY ONLY 6-8% OF THOSE SUFFERING A SUDDEN CARDIAC ARREST SURVIVE

<WE MONTANANS ARE PAR WITH THE NATIONAL AVERAGE, NO BETTER

<DETROIT'S AVERAGE SURVIVAL RATE IS 0-1%

<CHICAGO IS 3%, NY AND LA ABOUT 5%

<KING COUNTY WASHINGTON, THE SEATTLE AREA HAS A 52% SURVIVAL RATE BECAUSE THEY HAVE BEEN TEACHING CPR IN SOME WAY FOR OVER 30 YEARS AND CLAIM 70% OF THEIR POPULATION ARE TRAINED

<OVER THE PAST 4 YEARS, GALLATIN COUNTY, MT HAS SEEN AN INCREASE OF SURVIVABILITY FROM 6% TO 19%. WHEN THE ARREST WAS WITNESSED AND HAD BYSTANDER INTERVENTION OF CPR AND/OR AED, SURVIVABILITY INCREASED TO 80%. GALLATIN COUNTY BYSTANDER PARTICIPATION RATE IS NOW AT 68%.

<WE HAVE HAD MANY SAVES IN MONTANA....BECAUSE SOMEONE HELPED IMMEDIATELY

<USING AN AED WITHIN THE FIRST FEW MINUTES OF A CARDIAC ARREST GREATLY INCREASES THE CHANCES SOMEONE WILL SURVIVE

<EVEN SOME CPR IS BETTER THAN NO CPR

<HANDS-ONLY CPR WORKS FOR ADULTS (PUBERTY AND OLDER)

< CALL 911 THEN PUSH HARD AND FAST!!!!!!!



<http://dphhs.mt.gov/publichealth/EMSTS/cardiaready/ontanaHeartRescueCPRTraining>