

Quality Improvement Report

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Montana Diabetes Program

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Medicaid Reimbursement

What Services are Covered for Obesity, Diabetes, and Prediabetes?

Montana Medicaid offers payment for health care services to help families and individuals meet medically necessary health needs. This list provides a description of select services that Montana Medicaid covers for obesity, diabetes, and prediabetes. For more information on fee schedules and additional services covered, please visit <http://medicaidprovider.mt.gov/>.

Obesity Counseling

- Currently Covered Codes:
 - G0447—Intensive Behavioral Therapy for Obesity, face-to-face therapy, individual.
 - G0473—Intensive Behavioral Therapy for Obesity, face-to-face therapy, group.
- Patient must have a BMI of over 30kg/m².
- Services must follow CMS National Coverage Determination.
 - Allows:
 - One visit every week for first month.
 - One visit every other week for months 2-6.
 - One visit every month for months 7-12 if member meets the 3kg weight loss requirement in first six months.
 - Must be consistent with the 5-A framework.
 - Group classes must consist of at least 2 individuals.
 - Must include dietary assessments and intensive behavioral counseling to promote sustained weight loss through high intensity interventions on diet and exercise.
- Services must be performed by the primary care provider.
- If services are performed in a provider-based facility, the facility fee can also be billed following the provider-based rules.

Medical Nutrition Therapy

- Currently Covered Codes:
 - 97802—Medical Nutrition Therapy, initial assessment and intervention, individual.
 - 97803—Medical Nutrition Therapy, re-assessment and intervention, individual.
 - 97804—Medical Nutrition Therapy, group.

Continued on page 3...

Diabetes Care Indicators

Primary Care Practices and Diabetes Education Programs

Figure 1. Diabetes care indicators from primary care practices in Montana participating in the DQCMS, 2nd Quarter (April—June 2015). N = 21 practices; 3,362 patients.

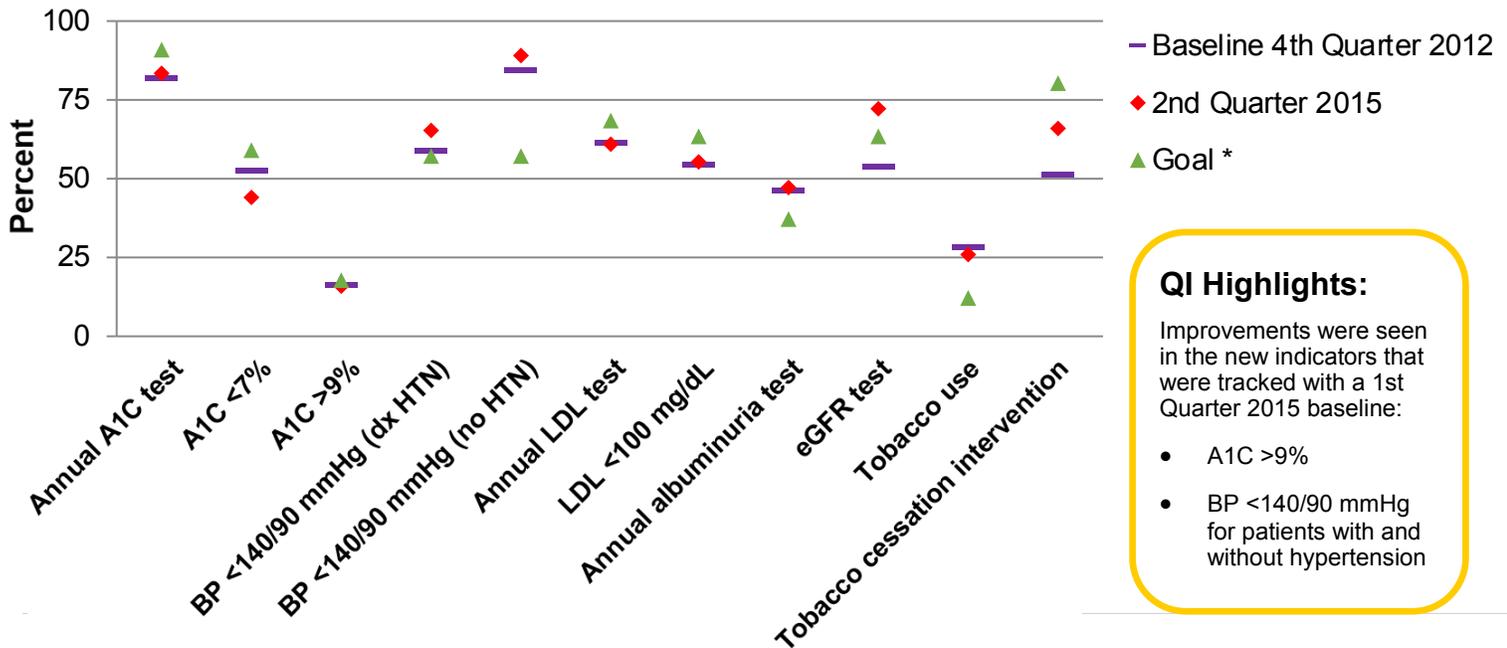
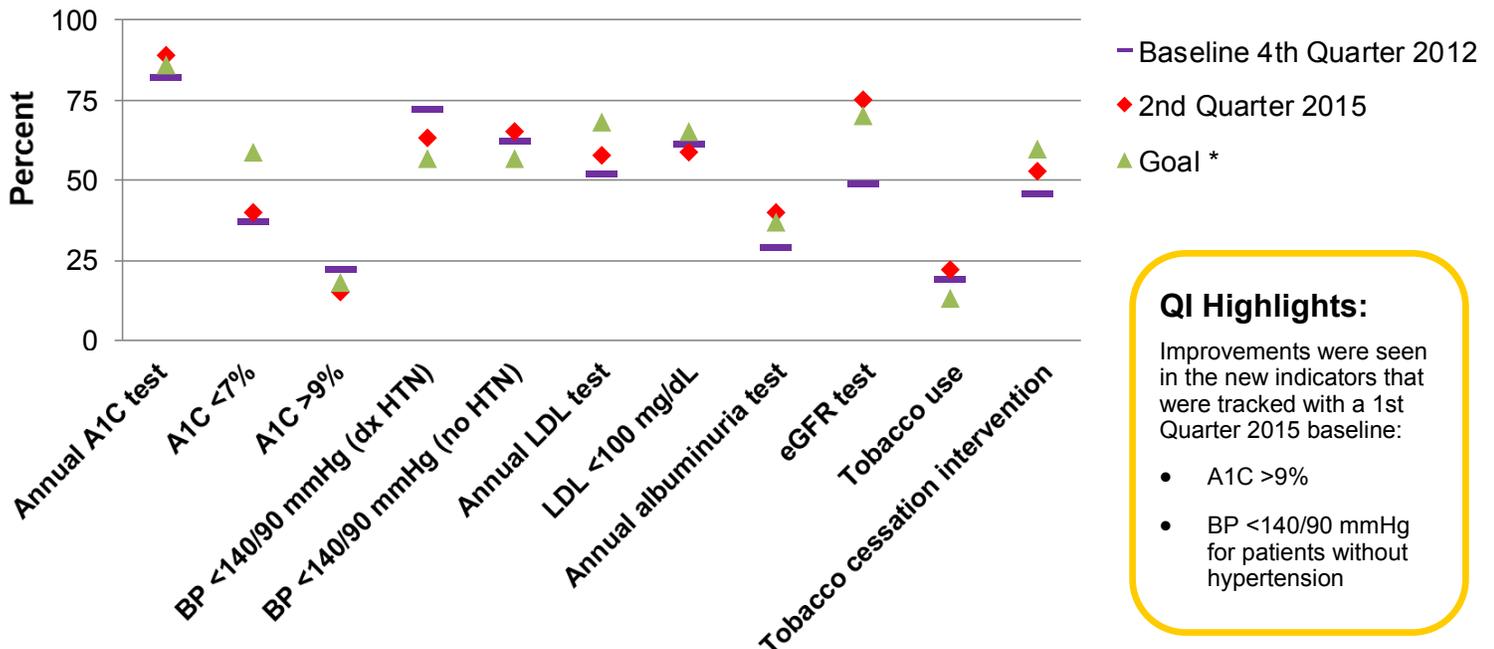


Figure 2. Diabetes care indicators from diabetes self-management education and support programs in Montana participating in the DQCMS, 2nd Quarter (April—June 2015). N=6 programs; 2662 patients.



DQCMS = Diabetes Quality Care Monitoring System. Data presented are for adult patients with diabetes seen within the last year. Montana's statewide quality improvement goals for diabetes were updated in 2015 based upon Healthy People 2020 targets or a 10% improvement from baseline.

Continued from page 1...

- G0270—Medical Nutrition Therapy, re-assessment and subsequent interventions for change in diagnosis, individual.
- G0271—Medical Nutrition Therapy, re-assessment and subsequent intervention for change in diagnosis, group.
- Currently only allowed for members age 20 and under with a physician referral.
- Services may be performed by a physician, licensed dietitian, or psychiatrist.
- If services are performed in a provider-based facility, the facility fee can also be billed following the provider based rules.

Diabetes Self-Management Training

- Currently Covered Codes:
 - G0108—Diabetes Self-Management Training, individual.
 - G0109—Diabetes Self-Management Training, group.
- Must have a diagnosis of diabetes and be ordered by a qualified physician.
- Services can be performed by a physician, mid-level provider, or dietitian.
- If services are performed in a provider-based facility, the facility fee can also be billed following the provider-based rules.

Diabetes Prevention Program

- Currently Covered Codes:
 - S9460—Weekly Diabetes Prevention Program Class, group.
 - S9455—Monthly Diabetes Prevention Program Class, group.
- Must meet eligibility criteria for an adult with overweight/obesity at high risk for type 2 diabetes.
- Services can be performed by a trained lifestyle coach.
- If services are performed in a provider-based facility, the facility fee can also be billed following the provider-based rules.

Montana Medicaid Contact Information

Provider Relations

Phone: 1-800-624-3958 (toll-free, in/out of state)
Phone: 406-442-1837 (Helena)
Email: MTPRHelpdesk@xerox.com
Website: <http://medicaidprovider.mt.gov/>

Medicaid Reform Initiative Specialist

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Free Online Programs with CME/CE from the American Diabetes Association

These online programs provide free continuing education (CE) credits for all health care professionals. They are designed to assess and improve your knowledge of diabetes, the patient-provider relationship, and your problem-solving skills. Visit professional.diabetes.org/ce, and go to the Online Programs to participate.

Self-Assessment Programs

- **Prediabetes** (4.75 CE credits)
- **Cardiometabolic Risk** (4.5 CE credits)
- **Management of Diabetes in a Camp Setting** (4.25 CE credits)
- **Hypoglycemia and Diabetes** (3.75 CE credits)
- **Management of Hyperglycemia in Type 2 Diabetes: A Patient-Centered Approach** (4.75 CE credits)
- **Diabetes and the Older Adult** (3.0 CE credits)

Performance Improvement Activity

A new web-based, six-month performance improvement activity is offered free-of-charge for physicians, nurse practitioners, physician assistants, and nurses (20 CE credits).

Each professional will track 25 patients with diabetes during the six-month process. The data entry will take less than 10 minutes per patient.

Professionals will receive confidential, individual reports to assist in improving patient outcomes.

Report Highlights

- **Medicaid Reimbursement:**
 - **What Services are Covered for Obesity, Diabetes, and Prediabetes?**
- **Free Online Programs with CME/CE from the American Diabetes Association**
- **Diabetes Care Indicators:**
 - **Primary Care Practices**
 - **Diabetes Education Programs**

Upcoming Events

Annual Diabetes Quality Improvement Coordinators Meeting

October 22, 2015
Red Lion Hotel, Kalispell, MT

18th Annual Montana Diabetes Professional Conference

October 22-23, 2015
Red Lion Hotel, Kalispell, MT

Montana Diabetes Advisory Coalition Meetings

January 22, 2016
DoubleTree by Hilton, Missoula, MT

April 22, 2016
The Holiday Inn, Helena, MT

July 22, 2016
Rock Creek Resort, Red Lodge, MT

For more information on the above events, please contact Susan Day at (406) 444-6677

Ways to Make Your Practice Thrive

AMA launched the STEPS Forward interactive educational modules

Now physicians have a new way to minimize stress and overcome barriers to providing the best care: a free online series of physician-developed, proven solutions that can make your practice thrive.

- Encourage medication adherence
- Synchronize prescription renewal
- Implement EHRs
- Help patients control blood pressure
- Avoid burnout

Visit STEPSforward.org to access the 16 modules while earning CME credit.

Online Resources

www.diabetes.mt.gov

- Key Program Documents
- Diabetes Quality Improvement Reports
- Data and Statistics on Diabetes
- Resources for clinicians, diabetes educators, other health care professionals, school staff, and people with diabetes



DQCMS Information

www.risprojects.org/dqcms

- User Manual
- Training Videos
- Helpful Hints
- Help Sheets