







▶ Montana Medicaid's new reimbursable group prenatal care program.

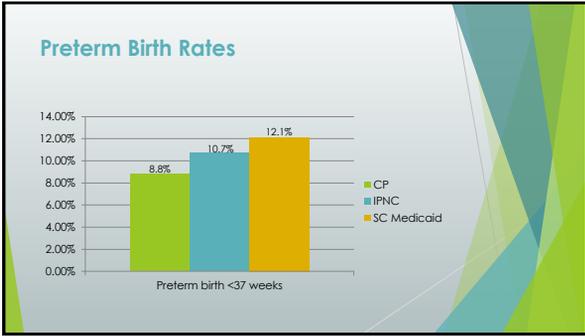
What is group prenatal care?

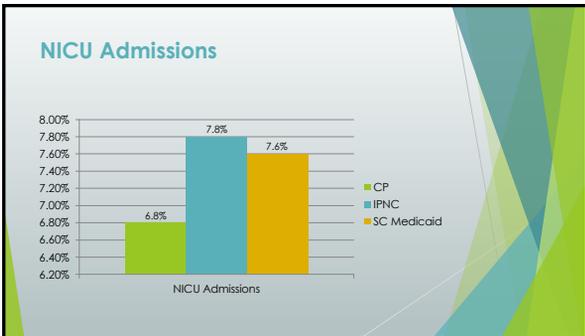
- ▶ 5-12 women of similar due dates
- ▶ 30-40 minutes self assessment and individual assessments with the provider in the group space
- ▶ 60-75 minutes "Circle-up" for facilitated discussion time
- ▶ Women bring most questions and concerns to group discussion
- ▶ Interactive learning

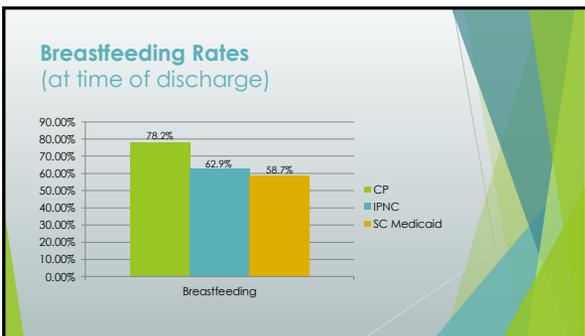
Evidence Based Practice

2012 Greenville Memorial Hospital and Clemson University Study conducted a randomized controlled trial on Centering Pregnancy vs Individualized care.

- ▶ **Centering Pregnancy (CP)**
 - From 7 sites
 - Deliveries Aug, 2013 -Sept, 2014
 - N =674
- ▶ **Individual Care (IPNC)**
 - Same 7 sites
 - Same months
 - N=9,886







Group Prenatal Care Design

Class Schedule

Four sessions every 4 weeks	16, 20, 24, 28 weeks
Six sessions every 2 weeks	30, 32, 34, 36, 38, 40 weeks
Reunion	1-2 months postpartum

Self Assessment

- ▶ Active self assessment
- ▶ Women are active in their own self assessment including taking their own weights and blood pressures.



Health Assessment

- ▶ Occurs in a private area within the group space
- ▶ Brief provider assessment
- ▶ Billable visit



Facilitated Group Discussion

- ▶ Done in a circle
- ▶ Interactive
- ▶ Meant to be fun not a class like setting



Facilitated Education

- ▶ Each class has a planned learning objective



- ▶ Each mother receives a book that includes:
 - ▶ Personal health tracking
 - ▶ Education materials



Support

- ▶ Common life experiences
- ▶ Trust
- ▶ Community building
- ▶ Continuity of care
- ▶ Problem solving skills



Reimbursement Requirements

Reimbursement Requirements

- ▶ Must be a state approved program or Centering Certified
- ▶ Must provide required education elements
- ▶ Must collect and share data with the department
- ▶ Must have an evaluation process for all class participants.

Reimbursement Methodology

- ▶ Providers will be reimbursed for the prenatal visit
- ▶ Additional separate reimbursement for the facilitated group sessions.
 - ▶ Only for enrolled Medicaid members
 - ▶ Reimbursement per member per class

How to Become State Approved

State Approval Process

- ▶ Providers must provide group prenatal education program to the department
- ▶ Programs will be reviewed by the department
- ▶ Centering certified programs must show Centering certification.
- ▶ Must be a Montana Medicaid provider

Education Requirements

- ▶ Nutrition;
- ▶ Healthy lifestyle choices;
- ▶ Breastfeeding;
- ▶ Body changes;
- ▶ Stress management;
- ▶ Family planning;
- ▶ Labor education;
- ▶ Newborn care
- ▶ Shaken baby syndrome and prevention;
- ▶ SIDS prevention; and
- ▶ Postpartum care and adjustment.

Data Elements

- ▶ Sites must collect and share data with the department on all Medicaid pregnant patients.
- ▶ Data elements are being determined and will include information related to:
 - ▶ prenatal and post partum care of the mother
 - ▶ health outcomes of the infant
- ▶ Data elements will be used to show the improved health outcomes linked to group prenatal care.

Questions?

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