

Approved Abbreviations List

June 2015

@	at
Δ	change
Δ'd	changed
°	degree
/	extension
#	number; weight in pounds
=	equal to
>	greater than
<	less than
♀	female
♂	male
+	positive
-	negative
0	negative, zero
↑	up; increase; high
↓	down; decrease; low
≈	approximately
√	check
A	assessment
AAOC	antacid of choice
AAP	American Academy of Pediatrics
AAT	at all times
ab	abortion
abn	abnormal
ac	before meals
Acc	accommodation
Ad lib	as desired
ADA	American Dental Association; American Diabetes Association
ADHD	attention deficit-hyperactivity disorder
ADI	adequate dietary intake
ADL	activities of daily living
AEB	as evidenced by
AGA	appropriate for gestational age
AI	adequate intake
AIDS	acquired immunodeficiency syndrome
ALA	alpha-linolenic acid
alt	alternative
AM; am	before noon
amnio	amniocentesis
amt	amount
AND	Academy of Nutrition and Dietetics (formerly American Dietetic Association)
ante	before
AP	antepartum
approx	approximately
Appt	Appointment
ARF	acute renal failure

Approved Abbreviations List

June 2015

ASAP	as soon as possible
Atb	antibiotic
ATC	around the clock
att	attached
BBTD; BMTD	Baby bottle tooth decay/ bottle mouth tooth decay
b/c	because
BC	birth certificate
BCP	birth control pills
BF	breastfeeding
bid	twice a day
biw	twice weekly
Blk	black
BM	breast milk; bowel movement
B/milk	breast milk
BMI	body mass index
BP	blood pressure
BPD	bronchopulmonary displasia
Bpump	breast pump
br	breast
BR	bed rest; birthing room
Br. Bx.	breast biopsy
BS	blood sugar; bowel sounds; Baby Steps (program)
btl	bottle
B/U	back up
c	with
C-section	cesarean section
Ca	calcium
CA	cancer; carcinoma
CAD	coronary artery disease
Cauc	caucasian
CC	chief complaint
cc	cubic centimeter
CDC	Centers for Disease Control and Prevention
cert	certification
CGS	cert guided script
CHD	congenital heart disease
CHF	congestive heart failure
CHO	carbohydrate
chol	cholesterol
cigs	cigarettes
CKD	chronic kidney disease
CLC	certified lactation counselor
cm	centimeter
CMO	consult made out
CNM	certified nurse midwife
C/O	complains of; care of
Conc	concentration

Approved Abbreviations List

June 2015

cont	continuous
contr	contraction
COPD	chronic obstructive pulmonary disease
CP	cerebral palsy
CPA	competent professional authority
CRF	chronic renal failure
C/S; c-section	cesarean section
cxl	cancel
c/w	consistent with
DC; d/c	discontinue; discharge
DDS	dentist
dec	decreased
del.	delivery
DHA	docosahexaenoic acid
DHHS	Department of Health and Human Services
DI	diabetes insipidus; dietetic internship
Dis	disease
Disc	discontinue; discussed
DKA	diabetic ketoacidosis
DL	driver's license
DM	diabetes mellitus
DNL	does not like
DOB	date of birth
DPHHS	Department of Public Health and Human Services
Dr.	doctor
DR	delivery room
DRI	dietary reference intake
D/T; d/t	due to
Dx	diagnosis
E	evaluation; exclusive
EBF	exclusive breastfeeding
EBM	expressed breast milk
EBT	electronic benefits transfer
Ed.	education
EDC	estimated date of confinement; estimated date of conception
EDD	estimated date of delivery
EDW	estimated dry weight
EFA	essential fatty acids
EFW	estimated fetal weight
EGA	estimated gestational age
Enc.; enc	encouraged
EPA	eicosapentaenoic acid
equip.	equipment
ER	emergency room
ETOH	ethanol; alcohol
Eval	evaluation

Approved Abbreviations List

June 2015

Exam	examination
f	frequency
FA	failed appointment
FB	food benefits
FBG	fasting blood glucose
FCH	Family and Community Health
Fe	iron
F/U	follow-up
fdg.	feeding
FFA	free fatty acid
FH	family history
FM	family medicine
FNP	family nurse practitioner
FNS	Food and Nutrition Services
FOB	father of baby
FP	family practice/family practitioner
ft	foot
FTP	failure to progress
FTT	failure to thrive
F/U	follow-up
FUA	follow-up appointment
F/V	fruit and vegetable
FX	fracture
GA	gestational age
Gd	good
GDM	gestational diabetes mellitus
GERD	gastroesophageal reflux disease
gest.	gestation/gestational
GI	gastrointestinal
gluc	glucose
gm	gram
Gpa; gpa	grandparent
GTT	glucose tolerance test
G-tube	gastrostomy tube
GWNL	growth within normal limits
Gyn	gynecologist
HA	headache
HCT	hematocrit
HCP	healthcare provider
HD	health department
Hd	head
HDL	high density lipoprotein
Hgb/HGB	hemoglobin
H/H; H&H;	hemoglobin and hematocrit
H2O	water
H/o	Handout
hr; h.	hour

Approved Abbreviations List

June 2015

HR	high risk
hs	before bedtime/at hour of sleep
Ht; H	height
HTN	hypertension
HX/hx	history
hyst.	hysterectomy
I/ind.	independent
ID	identification
IBCLC	International Board Certified Lactation Consultant
IBD	inflammatory bowel disease
IBW	ideal body weight
IBS	irritable bowel syndrome
IBW	ideal body weight
ICU	intensive care unit
IDDM	insulin-dependent diabetes mellitus
ie	in example
IE	individual education
IgE	immunoglobulin E
IGT	impaired glucose tolerance
Immune/IMM/IZ	Immunizations
inc	increase
IU	international units
IUD	intrauterine device
IUFD	intrauterine fetal demise
IUGR	intrauterine growth retardation
IV	intravenous
K	potassium
kcal	kilocalorie (Calorie)
kg	kilogram
l/a	length for age
LA	local agency
Lab.; lab.	laboratory
LARC	local agency retail coordinator
lb	pound
LBM	lean body mass
LBW	low birth weight
LC	lactation counselor/lactation consultant
LCT	long chain triglyceride
LDL	low-density lipoprotein
L&D	labor and delivery
LES	lower esophageal sphincter; leave and earnings statement (military)
LF	low fat
lg	large
LGA	large for gestational age
liq	liquid
LM	left message
LMD	local medical doctor

Approved Abbreviations List

June 2015

LMP	last menstrual period
LPN	licensed practical nurse
LR	low risk
LTG/ltg	long term goal
LVM	left voice message
M	mother
MA	Medicaid
MD	medical doctor
MC	Miscarriage
MCA	mid-cert assessment
mcg	microgram(s)
MCH	Maternal Child Health; mean corpuscular hemoglobin
MCT	medium chain triglyceride
MCV	mean corpuscular volume
MD	medical doctor
med	medium
mEq	milliequivalent(s)
MET	metabolic equivalent
mg	milligram
MI	myocardial infarction (heart attack)
min	minute
ml	milliliter
mm	millimeter
mo	month
MOB	mother of baby
MOM	milk of magnesia
MOU	memorandum of understanding
MSG	monosodium glutamate
MSUD	maple syrup urine disease
Multi; MVI	Multivitamin
N	nipple; normal
Na	sodium
N/A; n/a;na	not applicable
NAPA	Nutrition and Physical Activity Program
NB	newborn
NC	nutrition counselor; nutrition coordinator
neg.	negative
NFP	Nurse Family Partnership
NG	nasogastric tube
NICU	neonatal intensive care unit
NIDDM	non-insulin dependent diabetes mellitus
NKA	no known allergies
nl	normal
NMB	new mom and baby (appt type)
Noc	night
Norm	normal
NP	nurse practitioner

Approved Abbreviations List

June 2015

NPO	nothing by mouth
NSAID	non-steroidal anti-inflammatory drug
nut.	nutrition
Nut.	nutritionist
N&V; N/V	nausea and vomiting
OB	obstetrics; obstetrician
OCP	oral contraceptive preparation
OD	overdose
OGTT	oral glucose tolerance test
OPA	Office of Public Assistance
oz	ounce
p	after
P	plan
PA	physician's assistant; physical activity
PBC	Peer Breastfeeding Counselor
pc	after meals
PCN	penicillin
PCP	primary care provider
PE	physical exam
PEM	protein energy malnutrition
Pg; PG	Pregnant
Phe	phenylalanine
PH	public health
PHN	public health nurse
PIH	pregnancy induced hypertension
PKU	phenylketonuria
PM; p.m.	after noon
PMHx	past medical history
PMP	previous menstrual period
PNC	prenatal care
PNV	prenatal vitamins
post	after
PO	by mouth
POR	proof of residency
post	after
PP; pp	post partum
PPM	Post Partum Mom
PPN	peripheral parenteral nutrition
PRN; prn	as needed; prepare according to instruction
pt.	pint; patient; participant
PTL	preterm labor
q	every
qd	every day
qh	every hour
qid	four times a day
qod	every other day
qw	once weekly

Approved Abbreviations List

June 2015

qhs	at bedtime
qt	quart
RBC	red blood cell
RDA	recommended dietary allowance
RD; RDN	registered dietitian; registered dietitian nutritionist
RC; recert	recertification
re:	regarding
Ref	referral
Rel	release
Rem	reminder
Res	residency
RMR	resting metabolic rate
RN	registered nurse
R/O	rule out
R/S	rescheduled
R/T; r/t	related to
Rx	prescription
s	without
S	subjective
SA	substance abuse
SCA	sickle cell anemia
SCT	short-chain triglycerides
SFA	saturated fatty acids
SGA	small for gestational age
SH	social history
SIDS	sudden infant death syndrome
SNAP	supplemental nutrition assistance program
sm	small
SO	significant other(s)
SOB	shortness of breath
ss	one half
SS	Social Security
STAT; stat	immediately (statin)
STD	sexually transmitted disease
stg	short term goal
SVD	spontaneous vaginal delivery
SW	social work
Sx	symptoms
T.; Tbsp.	tablespoon
t.; tsp.	teaspoon
t.i.d.	three times a day
tab	tablet
TAH	total abdominal hysterectomy
TANF	temporary assistance for needy families
TC	total cholesterol; telephone call
temp	temperature; temporary
TF	tube feeding

Approved Abbreviations List

June 2015

TFP	tailor food package
TG	triglycerides
TIBC	total iron binding capacity
t.i.d.	three times per day
T/O	through out
Tot.	total
TPN	total parenteral nutrition
Tx	treatment
TX	transfer
UBW	usual body weight
UC	uterine contraction
ug	microgram
UGI	upper gastrointestinal
UL	upper limit/upper intake level
URI	upper respiratory infection
USDA	United States Department of Agriculture
UTD	up-to-date
UTI	urinary tract infection
VBAC	vaginal birth after cesarean
VD	venereal disease
Veg./Veggies	vegetables
vit	vitamin
VLDL	very low density lipoprotein
VS	vital signs
W/; w/	with
WCC	well child check
WDWN	well-developed well-nourished
WF	white female
WI	walk-in
WIC	Special Supplemental Nutrition Program for Women, Infants and Children
w/m	weigh/measure
WM	white male
WNL	within normal limits
W/o	with out
Wt; wt.	weight
Wt/a; w/a	weight for age
Wt/l; w/l	weight for length
x	times; except
Y/O	years old
yoa	years of age
yr	year
Zn	zinc