

14.3 Hemoglobin/Hematocrit Abnormal –Hct 32% Hgb 10 g/dl or lower

SUBJECTIVE	<u>May include:</u> <ol style="list-style-type: none">1. Fatigue, weakness, pallor, dizziness.2. History of anemia.3. Heavy and/or long menses.4. Palpitations, headaches.5. Inadequate nutrition.6. Medical condition exhibiting anemia.7. Current pregnancy or post partum8. Dark or tarry stools.9. Bruising.
OBJECTIVE	<u>May include:</u> <ol style="list-style-type: none">1. Pallor (conjunctivae, nailbeds, mucous membranes).2. Vaginal bleeding.3. Heart murmur (systolic flow murmur).4. Tachycardia.5. Petechia, purpura, ecchymosis.6. Abdominal exam7. Pelvic exam8. Blood pressure.
LABORATORY	<u>Must include:</u> <ol style="list-style-type: none">1. Hgb/Hct. <u>May include:</u> <ol style="list-style-type: none">1, When possible confirm with CBC2. Optional stool guiac.3. Optional UA dip4. Optional TIBC, Ferritin
ASSESSMENT	Moderately abnormal Hgb/Hct
PLAN	<ol style="list-style-type: none">1. Consult and/or refer to physician.2. Refer to Emergency or Urgent Care prn.
CLIENT EDUCATION	<ol style="list-style-type: none">1. Stress significance of treatment and follow-up.
REFER TO PHYSICIAN	
