

145 Hemoglobin/ Hematocrit, Abnormal – Hgb. 17g/Hct 51% or Above

SUBJECTIVE May include:
Weakness
Arthralgia
Abdominal pain
Smoking and hydration status

OBJECTIVE May include:
Cracked lips
Increased skin pigmentation
Splenomegaly
Jaundice
Hepatomegaly

LABORATORY May include:
CBC to confirm Hgb/Hct results
Ferritin and TIBC optional

ASSESSMENT Polycythemia

PLAN Consult with physician.

CLIENT
EDUCATION Stress significance of treatment and follow-up.

REFER TO
PHYSICIAN