

15.14 Patient Delivered Partner Treatment (PDPT)

DEFINITION	Patient delivered partner therapy (PDPT) is the practice of treating the sex partner(s) of persons with sexually transmitted infections (STI) without an intervening medical evaluation or professional prevention counseling.
SUBJECTIVE	Must include: <ol style="list-style-type: none">1. Exposure to a person with a positive Chlamydia test2. Heterosexual Must exclude: <ol style="list-style-type: none">1. Male that has sex with males2. Symptoms of non-gonococcal urethritis (NGU) in males (dysuria, urinary frequency, urethral discharge)3. Symptoms of pelvic inflammatory disease in females (lower abdominal pain, pelvic pain, fever, chills)
LABORATORY	1. Lab confirmed positive Chlamydia test of index case
ASSESSMENT	Candidate for Patient Delivered Partner Treatment
PLAN	<ol style="list-style-type: none">1. Azithromycin 1 gm orally single dose2. Medication will be provided in factory, pre-packaged partner packs3. Provide the PDPT medication to index case to give to sex partner(s)4. Write in the index case chart "medication(s) provided for partner(s)"5. Do not put the partner(s) name into the index case's chart6. Partner packs will include:<ol style="list-style-type: none">a. Factory pre-packaged medicationb. Information sheet on how to take the medication, possible side effects, and allergy warningc. Chlamydia fact sheetd. Provider liste. Condoms and instruction sheet on how to use condoms7. Maintain a pharmacy log book for PDPT8. Complete and send the STI case report to the county health department.
CLIENT EDUCATION	<ol style="list-style-type: none">1. Inform all patients (index cases) that their sex partner(s) should come to the clinic for evaluation and treatment2. Advise patient the county health department can assist in contacting sexual partners.3. Advise patient if sexual partner(s) has symptoms (i.e., abdominal/pelvic pain, fever, chills in females or penile discharge, dysuria in males) to have partner seek medical care.
REFER TO PHYSICIAN	<ol style="list-style-type: none">1. Males that have sex with males2. Patients with suspected treatment failure.