

15.5 Herpes Simplex II

SUBJECTIVE May include:

1. Painful genital vesicles that spontaneously rupture to form shallow ulcers.
2. Lesions resolve spontaneously with minimal scarring and may develop a pattern of recurrence.

OBJECTIVE May include:

1. Single or multiple vesicles.
2. Inguinal lymphadenopathy.
3. Vaginal discharge.

LABORATORY May include:

1. HSV II culture of vesicular fluid.
2. Concurrent gonorrhea and chlamydia tests.
3. Concurrent syphilis serology.
4. HIV test.

ASSESSMENT Herpes Simplex II.

PLAN Treat for first, recurrent exposures and suppressive therapy according to regimens recommended by current CDC STD Treatment Guidelines.

**PATIENT
EDUCATION**

1. Counsel on importance of perineal hygiene.
2. Advise warm baths can be palliative.
3. Stress need for adequate rest and nutrition.
4. Advise patients to use condoms after lesions have healed due to asymptomatic shedding.
5. Advise partner to be evaluated if symptomatic.

**REFER TO
PHYSICIAN**

1. Questionable lesions.
2. Pregnancy.
