

16.1 Initial Visit Ages 13-17

SUBJECTIVE	<p><u>Must include:</u></p> <ol style="list-style-type: none"> 1. Comprehensive health history according to Title X Guidelines (Administrative Clinical Standards 18.4) or targeted health history.
OBJECTIVE	<p><u>Must include:</u></p> <ol style="list-style-type: none"> 1. Blood Pressure. 2. Height/Weight. 3. BMI. <p><u>May include:</u></p> <ol style="list-style-type: none"> 4. Physical examination according to Title X Guidelines. (Administrative Clinical Standards Policy 18.5)
LABORATORY	<p><u>May include:</u></p> <ol style="list-style-type: none"> 1. STI screening, as indicated. 2. Urinalysis. 3. Diabetes screening per ADA guidelines.
ASSESSMENT	Male examination 13-17 years health maintenance and risk assessment.
PLAN	<ol style="list-style-type: none"> 1. Follow appropriate protocol as needed. 2. RTC 1 year or prn.
CLIENT EDUCATION	<ol style="list-style-type: none"> 1. Adolescent counseling (Abstinence, Family involvement, Sexual coercion, Confidentiality) 2. Sexual and reproductive health. 3. Circumcision, genital health, hygiene 4. Testicular self examination. 5. STI and HIV counseling. 6. Female contraceptive counseling. 7. Male contraceptive counseling / Client's chosen method of contraception 8. Emergency contraception. 9. Pregnancy options counseling. 10. Reproductive cancer awareness: Breast, testicular, prostate.
CONSULT/REFER PHYSICIAN	Follow appropriate protocol as needed.