

16.15 Urinary Tract Infection (UTI)

DEFINITION	Urinary tract infections (UTI) are rare in healthy men. Usually, urethritis or prostate disease is the cause of urinary complaints. The spectrum of isolates causing UTIs in young men is similar to that in women (i.e., E. coli). Consider all UTIs in men as complicated since most that occur are associated with urologic abnormalities such as bladder outlet obstruction or prostatic hyperplasia.
SUBJECTIVE	<u>May include:</u> <ol style="list-style-type: none">1. Dysuria2. Hesitancy/Frequency3. Abdominal pain4. Back pain5. Nausea/Vomiting6. Hematuria7. General malaise8. Elevated temperature
OBJECTIVE	<u>Must include:</u> <ol style="list-style-type: none">1. Vitals – BP, temperature, pulse.2. CVAT3. Abdominal exam4. Genital exam5. If client is ≥ 30 years old or has participated in receptive anal intercourse, the clinician must also consider a prostate exam.
LABORATORY	<u>May include:</u> <ol style="list-style-type: none">1. CT/GC screening2. UA, culture and sensitivity
ASSESSMENT	UTI
PLAN	<ol style="list-style-type: none">1. Consult with primary care provider or urologist for antibiotic start.2. Refer to primary care provider or urologist.
PATIENT EDUCATION	<ol style="list-style-type: none">1. Emphasize the importance for further medical attention.
