

16.2 Initial Visit - Ages 18 and older

SUBJECTIVE	<u>Must include:</u> <ol style="list-style-type: none">1. Comprehensive health history according to Title X Guidelines (Administrative Clinical Standards Policy 18.4) or targeted health history.
------------	--

OBJECTIVE	<u>Must include:</u> <ol style="list-style-type: none">1. Blood Pressure.2. Height/Weight.3. BMI. <u>May include:</u> <ol style="list-style-type: none">1. Physical examination according to Title X Guidelines. (Administrative Clinical Standards Policy 18.5)
-----------	---

LABORATORY	<u>May include:</u> <ol style="list-style-type: none">1. STI screening, as indicated.2. Urinalysis.3. Prostate Specific Antigen (PSA) beginning at age 50 unless family history.4. Cholesterol screening.5. Diabetes screening per ADA guidelines.6. Liver Function screening.7. Thyroid testing.
------------	---

ASSESSMENT	Male examination 18+ years of age health maintenance and risk assessment.
------------	---

PLAN	<ol style="list-style-type: none">1. Follow appropriate policy as needed.2. RTC 1 year or prn.
------	---

CLIENT EDUCATION	<ol style="list-style-type: none">1. STI and HIV counseling.2. Sexual and reproductive health.3. Circumcision, genital health, hygiene.4. Testicular self examination.5. Reproductive cancer awareness: Breast, testicular, prostate.6. Male contraceptive counseling. / Client's chosen contraceptive method7. Emergency contraception.8. Pregnancy options counseling.
---------------------	---

CONSULT/REFER PHYSICIAN	Follow appropriate policy as needed.
----------------------------	--------------------------------------