

16.5 Hydrocele

DEFINITION	A hydrocele is a fluid filled sac surrounding a testicle that results in swelling of the scrotum. Most hydroceles occur in male infants and will disappear without treatment. Men over the age of 40 can develop a hydrocele due to inflammation or injury within the scrotum.
SUBJECTIVE	<u>May include:</u> <ol style="list-style-type: none">1. No symptoms2. Painless enlarged scrotum3. Sensation of heaviness, fullness or dragging4. Mild discomfort radiating along the inguinal area to the mid portion of the back
OBJECTIVE	<ol style="list-style-type: none">1. May have an enlarged scrotum that is non-tender to touch2. Transillumination – the light will outline the testicle, indicating clear fluid
LABORATORY	<u>May include:</u> <ol style="list-style-type: none">1. CBC2. Urinalysis
ASSESSMENT	Hydrocele
PLAN	<ol style="list-style-type: none">1. Refer to physician
PATIENT EDUCATION	<ol style="list-style-type: none">1. Emphasize the importance of follow-up care
