

3.3 Pregnancy with Contraceptive Use

SUBJECTIVE	<u>May include:</u> <ol style="list-style-type: none">1. Absence of menses.2. Symptoms of pregnancy—nausea, breast tenderness/enlargement/"just feels pregnant," tiredness.3. Inconsistent pill use.4. Factors that interfere with pill absorption.
OBJECTIVE	<u>May include:</u> Pelvic exam prn consistent with pregnancy.
LABORATORY	Sensitive positive pregnancy test.
ASSESSMENT	Pregnancy.
PLAN	<ol style="list-style-type: none">1. Discontinue contraceptives2. Refer to appropriate providers for care3. Provide pregnancy options counseling, as indicated
CLIENT EDUCATION	<ol style="list-style-type: none">1. Counsel as to no apparent increased risk for birth defects with use of CHC during pregnancy.2. Educate regarding factors contributing to pill failure.3. Educate regarding signs of ectopic pregnancy/impending miscarriage.4. Educate regarding nutrition.5. Encourage patient to schedule prenatal visit as soon as possible, preferably within 15 days.6. Educate patient regarding high risk behavior to include tobacco, alcohol and/or substance use.7. Advise patient to discuss medications with physician and to not start new medications without physician approval.8. Disseminate local resource information.
REFER	See plan
