

5.3 Vaginal Spermicides/Vaginal Contraceptive Film

SUBJECTIVE Must include:
A comprehensive health history intake according to Title X Guidelines. Comprehensive history should identify precautions for the use of vaginal spermicides/film: Negative history of allergy to any component of the vaginal cream/jelly. If contraceptive spermicide/film are used with latex condoms client must have negative history of allergy to rubber or latex.

OBJECTIVE May include:
1. Recommended physical examination according to Title X Guidelines.
2. Height, weight/BMI.
3. Blood pressure.

LABORATORY May include:
Recommended routine laboratory screening according to Title X guidelines.

ASSESSMENT Candidate for contraceptive vaginal spermicides/film as birth control method. Has no condition which represents an unacceptable risk to contraceptive vaginal spermicides/film.

PLAN 1. Provide client education in use of vaginal spermicide/film; select brand.
2. Schedule return to clinic visit for follow-up for annual exam or PRN problems or questions as designated by the clinician.

CLIENT EDUCATION 1. Provide written information specific to contraceptive vaginal spermicides/film including effectiveness, benefits, risks, and danger signs as documented in the FDA approved manufacturer=s package inserts.
2. Provide information and counseling including counseling that vaginal spermicides/film containing nonoxynol-9 (N-9) used alone offers no protection against STIs and that use of N-9 may increase the risk of HIV transmission during vaginal intercourse.

3. Provide instructions regarding the use of contraceptive vaginal spermicides/film including danger signs and symptoms that need to be reported to the clinic.
 4. Advise client that N-9 should only be used by women at low risk for HIV, who do not engage in multiple acts of intercourse in one day.
 5. Advise client to change brand of contraceptive spermicide if local side effects such as burning or irritation occur.
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CONSULT/REFER For severe allergic reactions.