

## 8.2 UTI - Pyelonephritis

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SUBJECTIVE

MAY INCLUDE:

1. Frequency, nocturia, burning and urgency of urination.
  2. Mild flank discomfort or CVA tenderness
  3. Anorexia and/or nausea.
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OBJECTIVE

MAY INCLUDE:

1. Mild flank discomfort or CVA tenderness with palpation.
  2. Elevated Temperature
  3. Increased BP
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LABORATORY

1. Urine Culture & Sensitivity – greater than 100,000 of single organism.
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ASSESSMENT

Pyelonephritis.

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PLAN

Antibiotics:

I. Bactrim DS, 1 tab po bid x 10-14 days (*if symptoms not improved in 24-48 hours, then perform urine C&S if not done previously and start on a fluoroquinolone*).

OR

II. Ciprofloxacin 250mg po bid x 7-14 days

III. Noroxin 400mg po bid x 7-10 days

IV. Floxin 200mg po bid x 7-10 days

\* *If not improved in 24-48 hours, refer or consult with physician.*

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PATIENT  
EDUCATION

Instruct patient to make appointment for urine recheck after antibiotic is finished.

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REFER TO  
PHYSICIAN

Refer to physician if patient not improved in 24-48 hours and/or worsening of symptoms.

These symptoms may include:

1. Intractable vomiting.
  2. Severely elevated temperature.
  3. Debilitating pain.
  4. Possible urosepsis.
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