

8.11.3 BASIC INFERTILITY SERVICES FOR MEN

Policy: Title X providers must offer basic infertility services for men as part of core family planning services and in accordance with WMHS, Title X Program Requirements, QFP, as well as the recommendations of professional medical organizations, such as the American Congress of Obstetricians and Gynecologists (ACOG), the American Society of Reproductive Medicine (ASRM), and the American Urological Association (AUA).

Procedure:

The clinic visit must include:

1. Reproductive life plan
2. Sexual health assessment
3. Comprehensive health history, specific to reproductive health that includes:
 - a. Prior fertility (a history of previous fertility does not exclude the possibility of newly acquired secondary male infertility)
 - b. Childhood disorders (e.g. malnutrition, male history of mumps)
 - c. Duration of infertility
 - d. Methods of contraception
 - e. Coital frequency and timing
 - f. Sexual history
 - g. Gonadal toxin exposure including heat
 - h. Female partner's history of pelvic inflammatory disease and sexually transmitted infections (STIs)
 - i. Problems with sexual dysfunction
 - j. Social history (including lifestyle exposure, tobacco, alcohol, recreational drugs and/or anabolic steroids)
4. Family history that includes prior reproductive failure, birth defects, developmental disabilities, populations at risk for genetic defects or family history of genetic defects (per ACOG guidelines)

Physical examination should include:

1. Height, weight, and body mass index (BMI)
2. Blood pressure
3. Examination of the penis including location of the urinary meatus
4. Palpation of testes and measurement of their size
5. Presence and consistency of both the vas deferens and epididymis
6. Presence of a varicocele
7. Presence of secondary sex characteristics
8. Digital rectal exam

Laboratory testing

Basic screening may include semen analysis, and gonorrhea and chlamydia testing, per CDC and ACOG guidelines.

Counseling

Counseling must be provided as needed based on history, examination, laboratory test results and assessment of knowledge regarding fertility issues and must be documented in the client's medical record.

Referral

Clients shall receive appropriate referrals for needed services beyond the scope of the family planning program.