

### 8.3.2 REPRODUCTIVE LIFE PLAN

**Policy:** Title X providers must assess a reproductive life plan with all Title X clients capable of having a child in accordance with the QFP and the Centers for Disease Control and Prevention (CDC) recommendations.

The reproductive life plan is an essential part of all core Title X services and should be a component of visits in all the following categories:

1. Contraceptive Services
2. Pregnancy Testing and Counseling
3. Achieving Pregnancy
4. Basic Infertility Services
5. Preconception Health Services
6. Sexually Transmitted Infection (STI) Services

**Procedure:**

1. At the client's initial visit to the clinic, Title X providers must assess the client's reproductive life plan. As such, questions related to the reproductive life plan are included on the health history that is collected at the client's initial visit and updated at least annually (see MT TX Administrative Manual Policy 8.4.1, *Comprehensive Health History*).
2. The client may be asked:
  - a. Would you like to become pregnant in the next year? For more information go to <http://www.onekeyquestion.org/>
  - b. Do you have any children now?
  - c. Do you want to have (more) children?
  - d. How many (more) children would you like to have and when?
3. At subsequent visits, Title X providers must re-assess the client's reproductive life plan. This may be done by asking the client questions such as:
  - a. How is your birth control method working for you?
  - b. Have your plans for having or not having children changed?
4. The Title X provider should avoid making assumptions about the client's needs based on his or her characteristics, such as sexual orientation or disabilities.
5. For clients whose initial reason for coming to the service site was not related to preventing or achieving pregnancy, asking questions about his or her reproductive life plan might help identify unmet reproductive health care needs.
6. Reproductive life plan guidance and tools to assist staff during client encounters can be accessed at: <http://www.cdc.gov/preconception/rlptool.html>