



# Fetal, Infant, Child Mortality and Prevention Newsletter

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## Successful FICMR Training Day!

Thank you to everyone who attended the April 18th FICMR Training Day . We had over 60 people attend this full day training and had great questions and discussions about FICMR.

I would also like to thank Teri Covington from the National Child Death Review Center for coming to Montana and providing us with helpful ways to have a successful review meeting and teaching us the ins and outs of the Child Death Review System (CDR).

If anyone is interested in having additional copies of the CDR Manual and copies of the CDR Case Report from the training, I have plenty of copies. The CDR Manual is a great resource tool for your FICMR Team Members and will help guide you during your reviews. Please send me an email at [rowe@mt.gov](mailto:rowe@mt.gov) if you are interested.

The [FICMR website](#) has been updated with the powerpoints from the training for those of you who were not able to attend. Also added to the website is a direct link to the Login Page to the CDR. Login access information letters to the live CDR database were mailed out to all counties. If you did not receive your access letter please notify me immediately at [rowe@mt.gov](mailto:rowe@mt.gov) or call at 406-444-3394.

Thank you again to everyone who made the trip to Missoula to attend this important training. Because of your participation you made this training a success. Have a wonderful and safe summer!

—Lori Rowe

FICMR Program Coordinator



## Fourth of July is Almost Here!

Every Fourth of July, thousands of people gather with family and friends for some great summer food and watch a firework show. According to the [National Fire Protection Association \(NFPA\) website](#) did you know:

- On Fourth of July, more U.S. fires are reported than on any other day.
- The risk of fireworks injury are the highest for children ages 5-14, with more than twice the risk for the general population.
- In 2010, fireworks caused an estimated 15,500 reported fires, including 1,100 total structure fires, 300 vehicle fires, and 14,100 outside and other fires. These fires resulted in an estimated eight reported civilian deaths, 60 civilian injuries, and \$36 million in direct property damages.



The NFPA has developed a free informational [firework safety tip sheet](#) for you to download, which includes facts, safety tips, and a diagram of “How Hot Does A Sparkler Burn?” This year educate communities about firework safety.

**The best way to enjoy Fourth of July fireworks show is to attend a public event and leave it to the trained professionals.**

## Enjoy Having Fun in the Water, But Be Safe!

Summer brings adventure and outdoor play, and with it fun in the water. Drowning deaths are most common in Montana between June and August and are more likely to occur in natural bodies of water. Montana averages 8 deaths per year due to drowning in natural waters.

Montana law states that children under the age of 12 years old must wear a Coast Guard approved life jacket while riding in a boat less than 26 feet in length. Life jackets are designed to keep the head above the water. Adult-sized life jackets will not work for children and should never be used on a child. In order for a life jacket to work correctly it must fit snugly and not allow the child’s chin or ears to slip through. For the best fit, try the life jacket in shallow water under safe and supervised conditions to make sure there is no excess room and does not ride up over the chin and face. Life jackets are based on weight so check the “*User Weight*” on the label to determine if the life jacket is recommended for your child.



**The best life jacket is the one that will be worn.** Many lake and river recreational areas in Montana have life jackets that can be borrowed free of charge. Visit [www.fwp.mt.gov](http://www.fwp.mt.gov) for more information on life jackets and water safety.

## **“Talk. They Hear You.” Campaign by SAMSHA**

**“Talk. They Hear You.”** is a new national campaign by the Substance Abuse and Mental Health Services Administration (SAMHSA) to empower parents talking with younger children, as young as nine years of age, about the dangers of underage drinking. According to SAMSHA’s report on underage drinking, more than a quarter of American youth engage in underage drinking. Even though there has been progress in reducing the extent of underage drinking in recent years particularly those ages 17 and younger, SAMSHA’s report shows the rates of underage drinking are still unacceptably high.

SAMHSA developed many resources to help parents start and continue talking to children about the dangers of underage drinking and keeping them alcohol free. Here are some of the resources that are available to download:

- [Why You Should Talk With Your Child About Alcohol](#)
- [Answering Your Child’s Tough Questions About Alcohol](#)
- [The Consequences of Underage Drinking](#)
- [How To Tell If Your Child Is Drinking Alcohol](#)
- [What You Can Do To Prevent Your Child From Drinking](#)
- [Why Your Child Might Start Drinking](#)
- [Family Agreement Form: Avoiding Alcohol](#)
- [Sample Text Messages Reminding Your Child to Avoid Alcohol](#)



If you would like to adapt this campaign in your community, SAMSHA has developed templates, brochures, posters, media, and promotional tools for you. Please visit the [SAMSHA website](#) and select the Partner Toolkit tab.

## **Bicycle Helmet Laws are Associated with a Lower Fatality Rate**



In May 2013, The [Journal of Pediatrics](#) did a study to assess the association between bicycle helmet legislation and bicycle related deaths sustained by children involved in a bicycle-motor vehicle collisions. The study was done on all bicyclists aged 0-16 years of age who died between January 1999 and December 2010. They compared fatality rates in age specific state populations between states with helmet laws and those without helmet laws. A multivariate regression model was used to adjust for

factors previously associated with rates of motor vehicle fatalities: elderly driver licensure laws, legal blood alcohol limit, and household income.

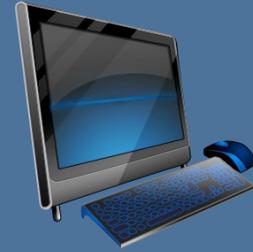
A total of 1612 bicycle-motor vehicle related fatalities were sustained by children less than 16 years of age. The fatality rate in children aged 16 or younger was significantly lower in states with helmet laws compared to states without helmet laws.

If you would like to read this entire study on Bicycle Helmet Safety and Laws, [click here](#). To see a map of states who have helmet laws, [click here](#). This information is posted on the [FICMR website](#).

## Learning Opportunity: Childhood Trauma in Indian Country

Indian Health Service's TeleBehavioral Health Center for Excellence is having a free seven part series on Childhood Trauma in Indian Country. The first series will begin on Monday June 24th and presented by De-lore's Subia BigFoot, PhD. There is no registration requirement and each session grants 1 hour of continuing education credits. The seven session series will occur on the following dates and cover the following topics. Each session will begin at 12 pm Mountain Time .

- **June 24, 2013**—Childhood Trauma in Indian Country
- **July 24, 2013**—The Adverse Childhood Experiences Study and American Indian & Alaska Native Children
- **August 28, 2013**— Evidence Based Practices in Indian Country
- **September 25, 2013**—Honoring Children, Mending the Circle
- **October 30, 2013**— Honoring Children, Making Relatives
- **November 27, 2013**—Honoring Children, Respectful Ways
- **December 18, 2013**—Honoring Children, Honoring the Future



Go to <http://ihs.adobeconnect.com/childhoodtrauma> and select “Enter as Guest.” You will need to enter your first and last name and a passcode. The passcode is: **childhood**. You may listen to the webcast through your computer speakers.

For technical assistance for this web series, contact Alaina George at 505-248-4531, Daniel Cook at 505-248-4547 , or Eric Tsosie at 505-248-4613.



## A Few Things to Remember

- ✓ At your next FICMR Review Team Meeting, remember to discuss and write up your FICMR Operational Plan. If you are a county sharing teams, please submit the County to County Memorandum of Agreement (MOA). Operational Plan and County to County MOA templates are on the [FICMR website](#). Documents are due by **August 15, 2013**.
- ✓ If you have not received your CDR access notification letter notify the FICMR Program Coordinator.
- ✓ Remember to use the Montana FICMR Review Case Report for all 2012 cases. All 2012 cases are due by December 31, 2013.
- ✓ Next FICMR Conference call is scheduled for August 14, 2013 at 9am.