

Peer Support Services Curriculum Checklist

This checklist will be used by the Department of Health and Human Services to assess and approve peer certification coursework. Approval will be done in coordination with the MFP Demonstration Grant, Addictive and Mental Disorders Division, Developmental Services Division, Senior and Long Term Care Division, and members from the MT Peer Support Task Force.

At a minimum, a peer support training program should include the following core competencies:

- Agency orientation;
- Recovery process including principles, premises, components, scope, types, context, framework and recovery identity;
- Role of Peer Support;
- Ethics and Boundaries (includes HIPAA, confidentiality, mandatory reporting, duty to warn);
- Peer Supporter Code of Ethics;
- Self-disclosure;
- Cultural awareness;
- Stress, burnout, and self-care;
- Working with clients, conflict resolution, safety;
- Wellness recovery planning;
- Pathways of recovery;
- Trauma informed care/ grief;
- Suicide awareness;
- Evidence based practices specific to the population the peer supporter works with;
- Emotional intelligence;
- Stages of change;
- Accessing resources (includes community resources, benefits, and services);
- One of the following specific to the population a peer supporter is working with:
 - *Addictions 101*
 - *Disability 101*
 - *plus training specific to the type of disability*
 - *Mental health 101*
- Engaging natural supports.