



Minimum WIC Food Stocking Requirements

Refer to the Approved Food List for authorized brands/types. Montana authorized retailers must always have the following items in stock in the quantities specified below.

Peer Groups 1 & 2 (Small & Medium-sized stores)	
Food Item	Minimum Requirements
Milk:	
Low-fat (1%) or Non-Fat (skim)	3 gallons total of any low-fat/non-fat type
	3 half gallons total of any low-fat/non-fat type
Whole milk	3 gallons
	3 half gallons
Cheese: 16-ounce packages OR 8-ounce packages	
16-ounce packages	3 packages (16 ounces) of 2 varieties
8-ounce packages	6 packages (8 ounces) of 2 varieties
Eggs	
Dozen only	3 dozen
Breakfast Cereal: One of the cold or hot cereals must be <i>WHOLE GRAIN</i>	
12-ounce or larger packages	6 boxes total (2 each of three varieties)
11-12-ounce hot cereal	2 boxes of one variety
Whole Grains: Bread AND Rice	
Whole wheat and/or whole grain bread	3 loaves total of any authorized size bread
15-16 ounce packages brown rice and/or 14-16 ounce instant rice	3 packages of brown rice
Bottled Juice	
64-ounce bottles	3 bottles of 2 different flavors
Peanut Butter	
16-18-ounce jars	3 jars
Legumes (mature beans): Bags of dried beans AND canned beans	
16-ounce bags of dried beans	3 packages of 2 different varieties
15-16-ounce canned legumes/beans	10 cans total including two varieties
Canned Fish: Light Tuna OR pink salmon	
5-6-ounce cans	6 cans of light tuna
5-6-ounce cans	6 cans of pink salmon
Fresh Fruits and Vegetables	
Fruits	Two varieties in two different package types (fresh, frozen or canned)
Vegetables	Three varieties in two different package types (fresh, frozen, or canned)
Infant Cereal: Two varieties	



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8-ounce box	2 boxes, any variety
Infant Foods: <i>Stage 2 fruits and vegetables and meats</i>	
Fruit: 4-ounce jars of stage 2	10 jars, including 2 flavors
Vegetables: 4-ounce jars of stage 2	10 jars, including 2 flavors
Meat: 2.5-ounce jars	5 jars
Infant Formula: <i>Powdered formula in specific sizes</i>	
Similac Advance: 12.4 ounce	6 cans
Similac Soy Isomil: 12.4 ounce	4 cans

Peer Groups 3 & 4 (Large stores & Supercenters)	
Food Item	Minimum Requirements
Milk:	
Low-Fat (1%) or Non-Fat (skim)	3 gallons total of any type
	3 half gallons total of any type
Whole milk	3 gallons
	3 half gallons
Cheese: <i>16-ounce packages OR 8-ounce packages</i>	
16-ounce packages	3 packages (16 ounces) of 2 flavor varieties
8-ounce packages	6 packages (8 ounces) of 2 flavor varieties
Eggs	
Dozen only	3 dozen
Breakfast Cereal: <i>One of the cold or hot cereals must be WHOLE GRAIN</i>	
12-ounce or larger packages	6 boxes total (2 each of three varieties)
11-12-ounce hot cereal	2 boxes of one variety
Whole Grains: <i>Bread AND Rice</i>	
Whole wheat and/or whole grain bread	3 loaves total of any authorized size bread
15-16-ounce packages brown rice and/or 14-16-ounce instant rice	3 packages of regular or quick/minute brown rice
Bottled Juice	
64-ounce bottles	3 bottles of 2 different flavors
Peanut Butter	



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16-18-ounce jars	3 jars
Legumes (mature beans): <i>Bags of dried beans AND canned beans</i>	
16-ounce bags of dried beans	3 packages of 2 different varieties
15-16-ounce canned legumes/beans	10 cans total including two varieties
Canned Fish: <i>Light tuna OR pink salmon</i>	
5-6-ounce cans	6 cans of light tuna
5-6-ounce cans	6 cans of pink salmon
Fresh Fruits and Vegetables	
Fruits	Two varieties in two different package types (fresh, frozen or canned)
Vegetables	Three varieties in two different package types (fresh, frozen, or canned)
Infant Cereal: <i>Two varieties</i>	
8-ounce box	2 boxes of 2 different varieties
Infant Foods: <i>Stage 2 fruits and vegetables and meats</i>	
Fruit: 4-ounce jars of stage 2	20 jars, including 2 flavors
Vegetables: 4-ounce jars of stage 2	20 jars, including 2 flavors
Meat: 2.5-ounce jars	10 jars
Infant Formula: <i>Powdered formula in specific sizes</i>	
Similac Advance: 12.4 ounce	6 cans
Similac Soy Isomil: 12.4 ounce	6 cans