Program Name: Targeted Case Management for Youth with SED

**Population Focus:** Youth who meet medical necessity criteria for Severe Emotional Disturbance (SED) which includes a range of medium and severe mental health diagnosis and functional impairment criteria. Services are available statewide.

**Program Objectives:** Assisting youth with SED in gaining access to needed medical, social, educational, and other services to youth and families to mitigate and improve mental health symptoms of the youth.

**Program Description:** Case management services include assessment, determination of need, development and periodic revision of a specific care plan, referral and related activities, and monitoring and follow-up activities.

**Required Care/Case Management Staff:** Services are provided by a licensed mental health center with a license endorsement permitting the mental health center to provide case management services. Minimum qualifications for a case manager are a bachelor’s degree in a human services field with at least one year of full-time experience serving people with mental illnesses. Individuals with other educational backgrounds who, as providers, consumers, or advocates of mental health services have developed the necessary skills, may also be employed as intensive case managers.

TCM providers also must employ a program supervisor, experienced in providing services to individuals with a mental illness. The program supervisor shall meet with each intensive case manager, either individually or in a group meeting, at least every 30 days. Individual supervision of case managers must be offered by the mental health center as needed and may be initiated by either the case manager or the supervisor.
Program Demographics

Monthly member count: Average for SFY 2017 was 2,800 per month – total unduplicated youth served in SFY 2017 was 5,000

Average monthly program cost per member: $310 per member per month when averaged. Service is reimbursed using Fee For Service methodology in 15 min units.

Average monthly total benefit cost per population member: unknown

Program Measurements

SED TCM is a Mental Health Center (MHC) service. MHC’s per ARM 37.106.1919 are required to implement and maintain an active quality assessment program using information collected to make improvements in the mental health center's policies, procedures and services.

MHC’s must conduct client satisfaction surveys, at least annually, for all mental health center programs and include: whether the client, parent or guardian is adequately involved in the development and review of the client's treatment plan; Whether the client, parent or guardian was informed of client rights and the mental health center’s grievance procedure; The client's, parent's or guardian's satisfaction with all mental health center programs in which the client participated; and the client's, parent's, or guardian's recommendations for improving mental health center's services.

Each mental health center shall prepare and maintain on file an annual report of findings annually.

HB 589 requires the Department of Public Health and Human Services (DPHHS) to monitor the status of youth receiving state funded Targeted Case Management (TCM) services for mental health reasons each fiscal year to determine whether, while receiving services, the children remain at home, in school, and out of trouble.

The Children’s Mental Health Bureau (CMHB) created a template, and established a timeline for completion of the data collection. The study is conducted annually as a point in time. Case managers enter data on each youth served during the month of September 2017 regarding 30 survey questions related to the bill requirements.

ARM and CMS CFR References

Title 37, chapter 86, subchapter 33; and
Title 37, chapter 87, subchapter 8.
Title 37, chapter 106, subchapter 19.
CFR 440.169, CFR 42.441.18
Section 1903(c) of the Act (Code of Federal Regulations (CFR 42.441.18(c) and 42.441.17(4)).