

Program of Assertive Community Treatment

PACT



Population Served

- 18 years of age or older
- Severe Disabling Mental Illness
- Meet the medical necessity criteria
- Have not benefited from traditional outpatient services



Medical Necessity Criteria

- Meet the criteria of severe disabling mental illness
- Significant functional impairments as described in the Addictive and Mental Disorders Division, Medicaid Services Provider Manual for Substance Use Disorder and Adult Mental Health. The manual can be found at:
- <https://dphhs.mt.gov/Portals/85/amdd/documents/AMDDMcdManualSUDMHOct19.pdf>



Elements of PACT

- Multi-disciplinary teams
- 24-hour service availability
- Small caseloads that do not vary in composition
- Ongoing and continuous services
- Assertive outreach
- In home or in community



PACT Staffing Requirements

- Team Lead
- Psychiatrist/APRN
- Intensive Care Coordination
- 2 Nurses



Staffing Continued

- Vocational Specialist
- Substance Use Specialist
- Peer Support Specialist
- Administrative Assistant
- Other Team Members



Services Available

- Initial assessment and reassessment
- Client-centered treatment plan and periodic reviews
- Medication management, monitoring, administration, and distribution
- Symptom assessment and management
- Individual and group psychotherapy
- Individual supportive therapy
- Illness management education
- Crisis assessment, intervention, and response
- Skills training
- Substance use services
- Work-related services
- Peer support services
- Social and interpersonal relationship activities



Current PACT Teams

Helena (2 Teams)

Great Falls

Butte

Hamilton

Kalispell

Missoula

Billings



Measuring to Fidelity

- Readiness Assessment
- ACT Fidelity Review

