MAT: Medication Assisted Treatment

Combining the use of Medications and behavioral therapy to help patients heal from Substance Abuse Disorder.
Bighorn Valley Health Center

Organization
FQHC established in 2012
Serving 2,000+ patients

Seven Clinics
Hardin, MT – Big Horn County
Ashland/ Colstrip, MT – Rosebud County
Lewistown, MT – Fergus County
Chinook/ Harlem, MT - Blane County
Mile City, MT – Custer County
MAT Team
Includes:

• Wavier Medical Provider
  • RN Care Manager

• Behavioral Health Provider
  • Behavioral Health Care Manager

• LAC
  • Peer Support Specialist

• Patient
Bighorn Valley Health Center MAT Workflow:

1) Screening and Assessments: A behavioral health team member administers a Biopsychosocial Assessment and ASSIST screening.

2) Staffing Meeting: Team members discuss status and progress of patient

3) Treatment components intensity and goals change as progress occurs
Central Component

- Behavioral Health Care Manager
  - Para-Professional trained in coaching Mental Health First Aid and Data Collection
  - Maintains on-going patient contact between visits
  - Re-enforces skills learned in treatment
  - Tracks data regarding patient progress
  - Coordinates with all team members regarding shared care treatment plan
Central Components

• Peer Support Specialist

• Provide reassurance to patient

• Resource Support Coordinator

• Serves as Bridge and link to community resources and patient

• Provides additional case management services
Grow Your Own

• Partnered with Chief Dull Knife College to extend LAC curriculum and prepare students for BH Care Manager and Peer Support Roles

• Practicum experience provided on site at BVHC clinic

• Creating Career training tracks and resources so that tribal members could receive training on reservation and progress overtime through professional careers in behavioral health
Our Findings

• 90% of our patients have shown some form of improvement based on PHQ9 and GAD7 screenings reported on the induction appt to their following appt the week after.

• Based on induction scores and comparing to the first week of treatment of patient reporting on PHQ9 and GAD7 screenings: on average, they have improved by 59%

• 3 months into treatment: 73.5%

• 6 months into treatment: 83%