

State Health Improvement Plan: Healthy Mothers, Babies, and Youth Workgroup

Meeting Minutes: Thursday, February 6, 2020, 1:30-3:00 PM, via GoToMeeting

Workgroup Lead:

Rachel Donahoe, Children's Special Health Services Section Supervisor, MT DPHHS

Workgroup Facilitator:

Anna Bradley, DPHHS PHSIO Plans Coordinator

Workgroup Members Present:

- Branscum, Jean
- Buss, Ann
- Carlson-Thompson, Dan
- Conway, Katelin
- Culpon, Chelsea
- Eby, Amanda
- Furlong, Matt
- Girard, Kate
- Hanson, Hillary
- Jarmin, Alona
- Lavinder, Melissa
- Lee, Leslie
- Naiman-Sessions, Miriam
- Oliver, Brie
- Ponich-Hunthausen, Pam
- Sullivan, Karen
- White, Christine
- White, Jody
- Young, David

Welcome and introductions

1:30 to 1:45 PM

Anna Bradley reviewed the agenda for today's call, and then asked attendees to state their name, their organization, and answer the question: "What key 'cross-sector' partner do you need to engage for your work to succeed?"

Responses included:

- IHS and CMS
- Law enforcement, jail administrators, corrections
- Early Childhood Mental Health & Maternal Mental Health
- University Centers, like the Center for Children, Families, and Workforce Development at UM and the Center for Health and Safety Culture at MSU
- Dept. of Labor

- OPI and schools
- Anyone doing Workforce Development
- Retail System
- AMDD and Local Advisory Councils, Communities that Care
- Community Organizations
- Families
- Patients themselves

General Updates

1:45 to 2:00 PM

Reminder to visit the A Healthier Montana website at <https://dphhs.mt.gov/ahealthiermontana> to see past meeting minutes and materials and view the 2019 SHIP Annual Report with evaluation data from the first year of implementation and upcoming steps for 2020.

Were you able to take any steps based on our last conversation (where can ACE's fit into your work, if not already?) in December?

- Karen told the group about how 14 people in Butte were trained on ACE's with a PPT presentation, that presentation is now available for the community broadly to view.
- Chelsea said that at AHEC they have found that being involved in the workgroups generally has been very beneficial for making connections with other people.
- Brie said that at HMHB they provided training to over 200 healthcare providers on perinatal mental health and are poised to do it again in 2020.

Are there any new developments you'd like the group to know about? (Funding sources, grant opportunities, upcoming trainings, etc.)

- New Division in DPHHS called the Early Childhood and Family Support Division
- The Great Beginnings, Great Families conference is coming up in August. Keynotes are booked, and a call for speakers is out.
- [Montana Healthy Communities Conference](#) is coming up April 28-30 in Helena. There will be a big focus on cross-sector collaboration. Registration is \$50.
- Children's Trust Fund is working on doing some trainings for home visitors as well as childcare providers, early head start, Children's Trust Fund grantees, family support professionals, and individual who might be involved less formally with a community's children and families.
 - The online portion of the trainings are on track to be released in mid-March
 - Trainings will be offered as e-learning courses on a variety of topics:
 - Motivational interviewing
 - Family diversity
 - Mental illness
 - Child development
 - Substance abuse
 - Leadership fundamentals
 - Leading positive change
 - There will be a tele-coaching opportunity with people all over the state to discuss case studies and hosting six regional in-person trainings on similar topics.
 - Previously designed trainings on trauma-informed care created through the Early Childhood Services Bureau called "Building Safe Spaces" can be found as a [child care provider](#) and a [non-provider](#) course.

- Child Abuse & Neglect Conference in Missoula starts on March 31-April 2
- Contact Amanda Eby to join in on maternal health ECHO sessions—second and fourth Tuesdays of every month, first one is scheduled for March 24 from 12 to 1:30 PM. Amanda.Eby@mt.gov
- Pam Ponich-Hunthausen is pulling a group together for an Indigenous Resiliency Gathering in Havre on March 18-19, if anyone is interested please contact her. Related to the PAX Good Behavior Game program. PPonich-Hunthausen@mt.gov.
- Yellowstone County won an award from SAMHSA GAINS Center to host a two-day training on “How Being Trauma-Informed Improves Criminal Justice System Responses.” Gallatin County will send two representatives to attend the training.
- BRFSS will be re-surveying soon for ACEs scores and will also be administering the HOPE assessment, which is the opposite of ACEs and related to the new science behind thriving.

Data Presentation

Tressie White was not able to make the call, so this presentation will be rescheduled.

Focused strategy conversation

Anna briefly described the purpose of the workplan document and how it should be worked on by the group to be kept up to date. The intention of the document is that workgroup members can use it in between calls to identify people who might be working in similar areas or have similar goals and connect to each other directly without waiting for a full workgroup call.

2:00 to 2:45 PM

Strategy C5: Health systems adopt integrated, team-based behavioral health services to screen for and treat perinatal SUD and mental illness during prenatal care.

Amanda Eby talked a little about the MOM’s program (Montana Obstetrics & Maternal Support) from HRSA,

- Five-year \$10 million HRSA maternal health innovation grant focused on reducing maternal mortality and morbidity rates
- Provide consultation, training, and resources via telehealth to improve quality of prenatal, delivery, and post-partum care.
- Focus will be on the reservations as well as on rural areas of the state.
- Connecting more local providers with specialized providers for OBGYN, perinatal mental health, and substance abuse specialists for expert consultations.
- Contracting with Billings Clinic
- Four main areas of work:
 - Medical simulation with sim-Montana trucks, which will be doing site visits across the state starting with the eastern Montana telemedicine network. Two visits for 18 sites in the first year of the grant.
 - ECHO clinics providing didactic education, case presentations, peer support, and mentoring from specialists.
 - Will include topics like ACEs, topics relevant to therapists, etc.
 - Access to a live consultation phoneline for remote providers to conduct consultations with specialists and live provider to patient telemedicine. These two arms of the project will be launched in 2020.
 - Putting together a maternal health leadership council planning group to meet late in March, and will eventually include state and local public health professionals, health payers, legislators, tribal representatives, community partners, etc.

- Reach out if you are interested in participating in the ECHO sessions or SIM [trainings—
Amanda.Eby@mt.gov](mailto:Amanda.Eby@mt.gov)

Karen said that there is some interesting work happening in the school district related to youth suicide in Butte.

- They are implementing a multi-tiered system of support (the approach promoted by OPI).
 - Tier 1: Interventions for the student population
 - Tier 2: Interventions for students at risk
 - Tier 3: Interventions for students in crisis
- They have had great outcomes with this system, and they are now attempting to replicate this with adults.
- Question: If people were interested in similar program in their community what would your advice be?
 - Working with community members—Butte has a strong health community coalition that started with youth suicide prevention but has spread to include other topics.
 - There is an article about this coming up in an upcoming NACCHO publication—Karen will share when she knows the details.

Jody White shared MPCA is working with six health centers have been engaged with the School Based Health Alliance and Montana Healthcare Foundation to integrate S-BIRT into their school-based health centers.

- Other health centers are looking to start school-based health centers as well and would be incorporating a behavioral health focus.
- Medication assisted treatment and IBH team continues to have trainings statewide.
- There is an MPCA team in eastern Montana working on integrated behavioral health interventions with rural hospitals, especially through their emergency departments.

A6: Implement resiliency-building and trauma-informed educational and behavioral approaches in schools and early childhood settings.

Pam Ponich-Hunthausen shared information about the PAX Good Behavior Game through AMDD.

- There are currently studies and research that show that there are a variety of good outcomes from the good behavior game.
 - This is the only model that is being shown to mitigate and even prevent ACE's in young children.
 - The grant will go through the end of September.
 - They have impacted around 20,000 – 30,000 children by training 100 schools, or about a thousand teachers.
 - Indigenous Resiliency Gathering, March 18-19, contact Pam to participate.
 - Pam is more than happy to hear from everyone who is interested in getting this program up and running and will talk to anyone about the logistics of getting this more widely adopted.

Question: Does anyone know more about the online trauma-informed trainings developed by the Early Childhood groups at MT DPHHS? Trauma-informed 101 and 201?

- Building Safe Spaces training first developed in 2017, requirement for STARS consultant and pyramid model coaches (early childcare providers), but not only for childcare providers. (See links provided in the Updates section at the start of these meeting minutes.)
- Just created another training module focused on trauma-informed care and abusive head trauma prevention. (See information in the Updates section at the start of these meeting minutes.)

There are still a few master ACEs trainers at MT DPHHS, but exactly who those people are, where they are and their availability is not currently very visible. Kathy Rich and HeadStart are working on making it more visible who the trainers are and their availability.

Anna and Rachel have been looking to find where and what in terms of ACE's prevention resources exist because of the workgroup's conversation around the ACEs strategy to develop a state-level resource to share information about ACEs and trauma-informed approaches. Is there any interest in a smaller group to break off and address this strategy in more detail?

- Pam Ponich-Hunthausen
- Kathy Rich
- Alona Jarmin
- Dave Young
- Dan Carlson-Thompson
- Brie Oliver
- Melissa Lavinder

Wrapping Up:

2:45 PM

Anna reminded everyone that the cross communication and talking within your department is a critical part of what makes the SHIP work. Also do not be shy to reach out to other workgroup personnel in between meetings to work on issues, not just in the meeting.

Some strategies to ensure that strategic planning discussions happening outside of the SHIP workgroup tie back to the SHIP include sharing information about the SHIP with your networks or groups when you are participating in those conversations and reaching out to Anna or Rachel about giving a presentation on the SHIP and SHIP implementation to help make connections.

Anna will be reaching out to the small group interested in talking more about ACEs resources.