



Distracted Driving



DISTRACTED

EYES OFF THE ROAD

What are the types of distraction?

- Visual: taking your eyes off the road;
- Manual: taking your hands off the wheel; and
- Cognitive: taking your mind off of driving.



Centers for Disease Control and Prevention
CDC 24/7: Saving Lives, Protecting People™

https://www.cdc.gov/motorvehiclesafety/distracted_driving/

What is Distracted Driving?

Anything that takes our attention off the road.

- Cell Phone
- Radio
- People or Pets in the Car
- Food or Drinking
- Reading signs or watching things not on the road
- Mental State- upset, tired, zoned out, in our head



PUTTING MONTANA STUDENTS FIRST



Families & Students

Educators

Leadership

Contact

Re-opening Schools

Driver Education Resources

[BACK TO DRIVER EDUCATION HOME](#)

PARENTS/TEENS

- [NEW: Driver Education FAQs](#)
- [KEYS Teen Driver Rating Form](#)
- [KEYS Parent Teen Agreement](#)
- [KEYS Parent Teen Homework](#)
- [Accommodating Students with Disabilities in Driver Education](#)
- [My Car Does What - Safety Features Videos, Graphics & more](#)
- [Impact Teen Drivers](#)
- [Montana Students and Driving Behaviors - 2019 reports from the Youth Risk Behavioral Survey](#)

GDL - GRADUATED DRIVER LICENSING LAW

- [GDL Factsheet and Driving Log](#)
- [Getting Your MT GDL Restricted License - A guide for parents when their teen has completed their 6-month GDL practice period.](#)
- [Montana Driver Manual - 2018](#)
- [DrivelthOME - National Safety Council](#)
- [Teen Driver Source Practice Guide](#)
- [Ten Years of Montana GDL](#)
- [Graph: Montana Teen Driver Crashes since GDL - 2008-2017](#)

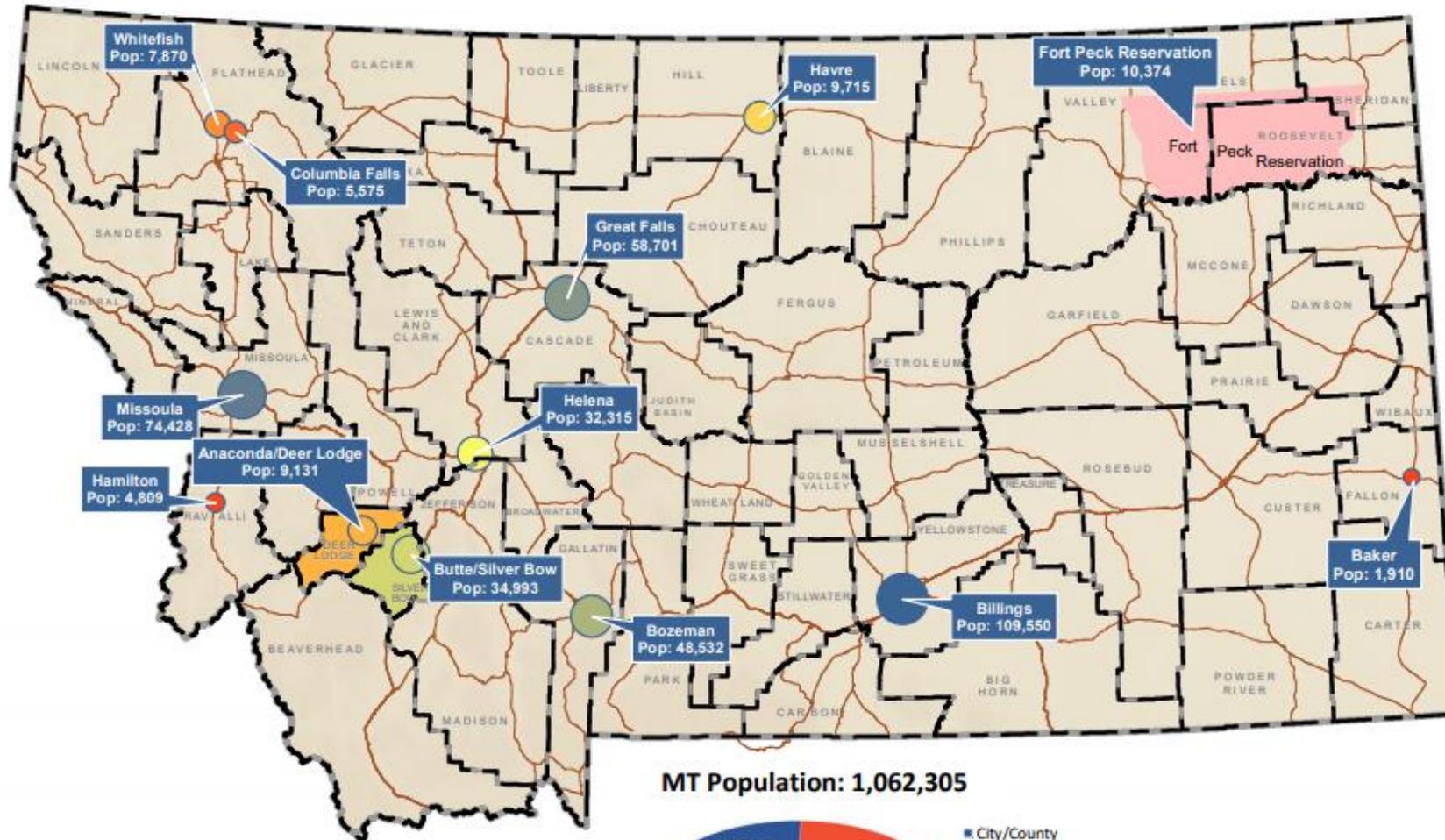
DISTRACTIONS

- [Map of Montana Cities, Counties and Reservations with Bans on Use of Handheld Phones while Driving](#)
- [Distracted: Eyes off the Road \(Montana PBS Video\)](#)
- [AT&T - It Can Wait - Texting & Driving](#)
- [Red Thumb Reminder](#)
- [Stop the Texts. Stop the Wrecks](#)
- [CDC - Distracted Driving](#)
- [CDC - Drowsy Driving](#)

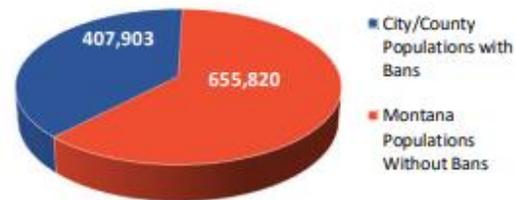
SEAT BELTS

- [Montana Seat Belt Law](#)
- [Seat Belt Survey Form](#)
- [Observational Seat Belt Survey Form](#)
- [Buckle Up Montana - MDT](#)
- [YRBS Seat Belt Graph 2011 to 2017](#)
- [#BuckleUpBlue4Lauryn on Facebook](#)

MONTANA CITIES, COUNTIES AND RESERVATIONS WITH BANS ON THE USE OF HANDHELD CELL PHONES WHILE DRIVING



MT Population: 1,062,305



City & County Population estimates from CEIC MT 2018
 Reservation Population Estimates From CEIC MT 2017
 Created November 2019

ONE TEXT OR CALL COULD
WRECK
 IT ALL

It Can Wait

Create safer roads for everyone.

[Learn How](#) →



Take the Pledge

to never drive distracted

I pledge to always drive distraction free. No exceptions. I pledge to never allow my phone to endanger myself or others behind the wheel. I pledge to be an advocate for the cause. To lead by example and spread the message. I pledge because I believe driving distraction free can save lives and make the world a better place.

[Pledge Now](#)

STOP THE TEXTS. STOP THE WRECKS.



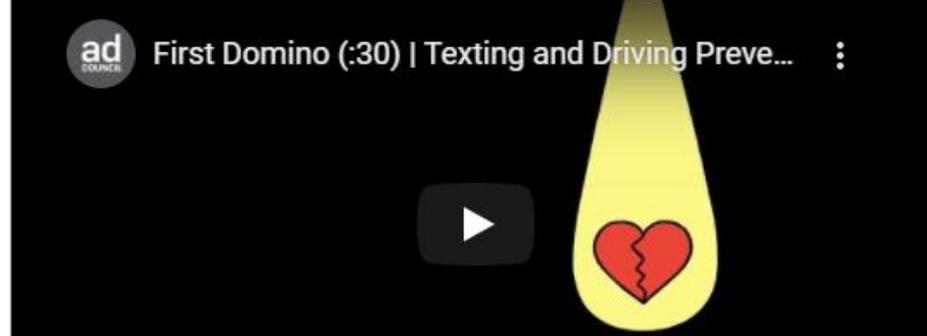
ad COUNCIL Phone Down (:30) | Texting and Driving Preve... ⋮



ad COUNCIL Safety

Project Yellow Light college winner Kambria Cook created a catchy tune with a simple

ad COUNCIL First Domino (:30) | Texting and Driving Preve... ⋮



ad COUNCIL Safety

Joanne Sakamoto, high school Project Yellow Light winner, shares a powerful video about

VIDEO

FACTS

TIPS

ABOUT THE CAMPAIGN

TALK TO US

ESPAÑOL

DRIVING FACT

Between 2012-2018, nearly 23,000



VISION ZERO
zero deaths · zero serious injuries

Safer People

Avoid Distractions

In 2013, 3,154 people were killed in crashes involving a distracted driver and an estimated additional 424,000 were injured in motor vehicle crashes involving a distracted driver. That same year, eleven percent of fatal crashes were reported as distraction-affected crashes.

What is Distracted Driving?

Distracted driving is any non-driving activity a person engages in that has the potential to distract them from the primary task of driving and increase the risk of crashing.



ONE TEXT OR CALL COULD

WRECK

IT ALL

For more information on distracted driving, see additional information from:

[National Highway Traffic Safety Administration](#)

[Traffic Safety Marketing](#)



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PREVENTING DISTRACTED DRIVING

This is a 2-hour course created by Risk Management & Tort Defense to educate drivers on the risks associated with distracted driving. It is primarily intended for drivers who have completed a general Defensive Driving class, but any state or university system employee may attend.

New research by the National Highway Traffic Safety Administration indicates that 80 percent of all crashes involve distracted driving. That is almost 5 million crashes per year and about 184 billion dollars in damages caused by distracted drivers!

The course discusses distractions such as electronic equipment, passengers, vehicle controls, things outside your car, and eating, reading and grooming. It offers tips on how to reduce those risks.

Your agency may receive an auto insurance discount for sending employees to the class.

CONTACT US

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Montana DRIVE Summer Workshops



ONE-DAY ADVANCED DRIVING WORKSHOPS FOR ADULTS & TEENS

Spend one day on the closed race track in Lewistown, Montana, and learn life-saving skills to respond safely to driving risks. Since 1979, more than 16,000 drivers have participated in a Montana DRIVE Workshop.

Register online for the [Adult Workshops](#) or [Teen Workshops](#). Download the calendar for a statement about Health & Safety Protocols and Requirements for Drivers this summer. All drivers are required to wear masks when physical distancing is not possible.

[Subscribe to Montana DRIVE emails](#) and stay informed.

Our thanks to State Farm Insurance for their support of the Montana DRIVE Program and for making the Teen Workshops affordable to all.

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