

Montana Crisis and Emergency Resources

If you are experiencing a life-threatening emergency, call 911 immediately.

Telephone Resources

- Suicide Prevention HELP CENTER1-800-273-8255
Available: 24 hours per day, every day
- Montana Warm Line.....1-877-688-3377
Available: Monday – Friday 4 PM to 9 PM and Saturday 3 PM to 6 PM
- Montana Nurse First Line.....1-800-330-7847
Available: 24 hours per day, every day to Medicaid eligible persons
- Disaster Distress Help Line.....1-800-985-5990
Available: 24 hours per day, every day
- National Domestic Violence Hotline.....1-800-799-SAFE (7233) or 1-800-787-3224

Text Resources

- For Suicidal Thoughts or Plans.....Text “MT” to 741741
Available: 24 hours per day, every day
- Disaster Distress Help Line.....Text “TalkWithUs” to 66746