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The goal of SDMI Home and Community Based Services program is to keep individuals as independent as possible in the community for as long as possible. Below is an explanation of the community-based services available.

**Case Management Services (key component for HCBS waiver)**

Assist individuals in gaining access to needed Home and Community Based Services and other State Plan Medicaid services as well as needed medical, social, educational and other services regardless of the funding source. Duties include:

- Development and review of the Person-Centered Recovery Plan with the individual
- Reevaluations of the Person-Centered Recovery Plan including a functional assessment and service delivery
- Coordination of services
- Linking individuals to other programs
- Monitoring implementation of service plan
- Ensuring health and safety
- Addressing problems with respect to services and providers
- Responding to crises
- Being financially accountable for waiver expenditures for their individuals

**Homemaker Services**

Consist of general household activities. Homemaker services are provided to individuals unable to manage their own home or when the individual normally responsible for homemaking is absent.

**Chore Services**

Consist of extensive cleaning beyond the scope of general household cleaning under homemaker services. Chore services are provided to individuals unable to manage their own homes and may include such chores as heavy cleaning, washing windows or walls, yard care, walkway maintenance, minor home repairs, wood chopping and stacking.

**Personal Assistance Services (PAS)**

Include supervision for health and safety reasons, socialization, escort and transportation for non-medical reasons, or an extension of State Plan personal assistance services. Personal assistance services are not allowed for a individual residing in adult residential setting.

**Specially Trained Personal Assistants**

Provides personal assistance by attendants who have been specially trained to meet the unique needs of the individual with severe disabling mental illness (or other identified special needs).

**Adult Day Health**

Provides a broad range of health, nutritional, recreational, and social and habilitation services in settings outside the person's place of residence. Adult day health services are furnished in an

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outpatient setting for four or more hours a day on a regularly scheduled basis and include both health and social services. Adult day health services do not include residential overnight services. The cost of transportation between the individual's place of residence and the licensed adult day health center is included in the rate paid to providers of adult day health services.

**Residential Habilitation**

Is a bundled service provided in a licensed group home, assisted living facility, adult foster care or residential hospice. Residential habilitation includes habilitation to meet the specific needs of each resident; homemaker services; medication oversight; social activities; personal care; recreational activities at least twice a week, transportation; medical escort; and 24-hour on-site awake staff to meet the needs of the individuals and provide supervision for safety and security.

**Day Habilitation**

Is assistance with acquisition, retention, or improvement in self-help, socialization and adaptive skills, in a non-residential setting, separate from the home or facility in which the individual resides. Services shall normally be furnished four or more hours per day on a regularly scheduled basis, for one or more days per week, unless provided as an adjunct to other day activities included in the individual's Person-Centered Recovery Plan. Day habilitation services shall focus on enabling the individual to attain his or her maximum functional level and shall be coordinated with any therapies listed in the Person-Centered Recovery Plan. Providers include licensed adult day health centers or support living providers.

**Prevocational Training Services**

Is assistance with preparing a individual for paid or unpaid employment; include teaching such concepts as compliance, attending, task completion, problem solving, endurance, work speed, work accuracy, attention span, motor skills and safety; and are provided to individuals who may or may not join the general work force or participate in a transitional sheltered workshop within one year (excluding supported employment programs).

**Supported Employment Services**

Includes activities needed to sustain paid work, including supervision and training for individuals for whom unsupported or competitive employment at or above the minimum wage is unlikely. Supported employment is conducted in a variety of settings. Supported employment may include group community employment such as crews, enclaves or individual community employment.

**Respite Care**

Is temporary, short-term care provided to individuals in need of supportive care to relieve those persons who normally provide the care. Respite care is only utilized to relieve a non-paid caregiver. Respite care is provided in the individual's residence or in another private residence, adult residential setting or other community setting, group home, or licensed nursing facility.

**Psychosocial Consultation**

Are services provided by a licensed mental health professional, which are within the scope of practice of the profession, when Medicaid State Plan mental health therapy limits have been met.

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This service includes consultation with providers and caregivers directly involved with the individual for the development and monitoring of behavior programs. This service does not include Illness Management and Recovery Services.

**Substance Use Related Disorders Counseling**

Include services that provide individual and/or group counseling in an outpatient setting for individuals who have a substance abuse problem to meet the goals set forth in the individual's service and support plan.

**Dietitian/Nutrition/Meals Services S9470/S9452/S5170**

Consist of the provision of hot or other appropriate meals once or twice a day, up to seven days a week. Services may include the following: evaluation and monitoring of nutritional status; nutrition counseling; therapy; and education and research.

**Habilitation Aide**

Provides assistance with acquisition, retention, or improvement in self-help, socialization and adaptive skills, which takes place in a non-residential setting, separate from the home or facility in which the individual resides.

**Personal Emergency Response System (PERS)**

Is an electronic device, which enables individuals to secure help in the event of emergencies. PERS services are limited to those individuals who live alone, or are alone for significant parts of the day, and have no regular caretaker for extended periods of time, and would otherwise require extensive routine supervision.

**Private Duty Nursing Service**

Provides nursing services by a Registered Nurse (RN) or Licensed Practical Nurse (LPN) licensed to practice in Montana. These services are provided in the home setting. Private duty nursing services are medically necessary services provided to individuals who require continuous in-home nursing care that is not available from a home health agency. An RN, physician, dentist, osteopath or podiatrist authorized by State law to prescribe medication and treatment, must supervise private duty nursing service provided by an LPN.

**RN Supervision**

Is supervision by a registered nurse of a LPN who is providing private duty nursing services under the Home and Community Based Services program.

**Specialized Medical Equipment and Supplies**

Include devices, controls, or appliances, which enable individuals to increase their abilities to perform activities of daily living, or to perceive, control, or communicate with the environment in which they live and include the provision of adapted vans and service animals. Specialized medical equipment and supplies includes those items necessary for life support, ancillary supplies and equipment necessary to the proper functions of such items otherwise unavailable under State Plan

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Durable Medical Equipment program.

**Supported Living**

Is the provision of supportive services to a individual residing in an individual residence or in a group living situation. This is a bundled service which includes: independent living evaluation, homemaking, habilitation aides, non-medical transportation, specially trained attendants, prevocational training, and supported employment, 24-hour availability of staff for supervision and safety, and service coordination to coordinate supported living services.

**Non-Medical Transportation Services**

Is travel for social or other non-medical reasons furnished by common carrier or private vehicle.

**Extended Occupational Therapy Services**

Are provided when the limits under the approved State plan are exhausted. The scope and nature of these services do not otherwise differ from services under the State Plan, except that palliative therapies are allowed.

**Illness Management and Recovery Services**

Consists of a series of weekly sessions where licensed mental health practitioners help a individual develop a personalized strategy for managing mental illness and achieving personal goals. The program may be provided in an individual or group format and generally lasts for three to six months.

**Wellness Recovery and Action Plan**

Is a self-management and recovery program for adults with serious mental illness. It is designed to assist individuals in the development of tools that will decrease and prevent intrusive or troubling feelings and behaviors, increase personal empowerment, improve quality of life and assist individuals in achieving their own life goals. WRAP training is provided by a certified WRAP facilitator.

**Community Transition**

Community Transition Services are non-recurring set-up expenses for individuals who are transitioning from an institutional or another provider-operated living arrangement to a living arrangement in a private residence where the person is directly responsible for his or her own living expenses.

**Health and Wellness**

Health and Wellness services assist individuals in acquiring retaining and improving self health, socialization and adaptive skills to reside successfully in the community.

**Pain and Symptom Management**

This service allows for the provision of traditional and non-traditional methods of pain management. There must be an expectation that these services will be beneficial to be individual.

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**PREADMISSION SCREENING**

All Medicaid applicants and individuals must have a preadmission screening completed by the Foundation and be determined to meet the appropriate level of care requirements before SDMI HCBS will be authorized. Applicants must also receive a Level I screen to determine if there is an indication of Mental Illness or Mental Retardation that would require specialized services not available under the SDMI HCBS program.

**HOME & COMMUNITY BASED SERVICES**

The goal of the SDMI Home and Community Based Services Program is to promote the health and independence of Medicaid individuals who have a severe disabling mental illness and require long-term care. The program also contains health care costs by providing home-based services.

